

The Newsletter
of the Friends of
the Manx
Diabetic.
The diabetic
support Group
of the IOM

The Diabetic

All monies
collected are
spent on the Isle
of Man.
No monies are
sent
off Island

The Best and most Informative Diabetic Newsletter on the Isle of Man

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LEADING FROM THE FRONT

Caaryjn Lught Vannin yn Chingys Millish

A Charity registered in the Isle of Man. Charity number 894.

All monies collected from whatever source will only be used on the Isle of Man for the benefit of diabetics and their medical carers.

The Group that fights on behalf of the Manx people without fear or favour.

The AGM is on 29th March 2011

**Minister for Health claims 'Care in the Community' is going to cost
A QUARTER OF A MILLION POUNDS**

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Important reminder to all our members and readers of
what you have to do, prior and during the next election

AGM 29th March 2011

Once again a reminder for you to put into
your diary for 29th March 2011.

The next AGM of the Friends of the Manx
Diabetic will take place at St Andrews
Church Hall Douglas, St Ninians,
Glencrutchery Road, on Tuesday 29th March
2011 at 7.30 p.m.

We look forward to welcoming you there.

**Minister Claims 'Care in the
Community' is going to cost A
QUARTER OF A MILLION
pounds more**



The Minister for Health
Mr David Anderson

The Chairman put to the Minister for
Health, Mr Anderson 25 Questions in his
report on 3rd February, and he got a reply to
his questions, on 21st February.

**Feegans
Deli**

Food to eat in

Food to take away

Food for thought

Are all available at
Feegan's Internet Lounge
8 Victoria Street, Douglas

However the answers leave much to be desired and the Chairman will deal with them with copies to all Members of Tynwald.

Nevertheless the Chairman feels that two of the answers to the Chairman's questions have to be made public.

The Chairman asked in Q14.

How much more is this going to cost the Health Department long term?

Will you have to pay the GP's for this extra work, which at the moment they already do as they see all diabetics and are paid for, but which will escalate?

Mr Anderson answered:

It is unlikely that there will be any additional costs to the Health Department in having to pay GP's for this extra work as it is included within the General medical services responsibility.

The GP's through their representatives have expressed support for the initiative.

The Chairman's Comments;

So what the Chairman is saying is true, they already get paid for looking after all the diabetics on the Island as all diabetics have to go to them for prescriptions and their medical ailments. Prescriptions that they don't get at the Hospital. This is therefore nothing new.

Also we note the '**unlikely**' comment by the Minister.

This is political jargon for it could cost more.

This is the cop-out item, as all you have to do when it costs the earth and you have to pay more to the GP's, say 'Statistically it was proved it was '**unlikely**' to cost more, but now in practice events have overtaken the system'.

No wonder the GP's support the initiative.

They in all honesty, will not be able to cope with the extra problems that the 1,600 patients being returned to them, will eventually bring with them, as they are not diabetologists.

The Friends of the Manx Diabetic and Tynwald will hold the Minister for Health to account on the above statement, that is if he is still Minister and is holding his seat at the next election, which we hope he won't

On the above answer the Minister tells us it is '**unlikely**' to cost anything.

In the next question, **Q15** the Minister contradicts himself and tells us that to implement the disciplines that are missing

from the surgeries, **that are already in place at The Manx Diabetes Centre** and the eye clinics, and which the diabetic patient already enjoys, will in his words cost £250k, **A QUARTER OF A MILLION POUNDS**, to begin with as this in time will no doubt also escalate

The Chairman asked in Q15.

What will it cost to implement eye and foot cover for all diabetics in 'Care in the Community'?

Has this been worked out?

Is it going to be palmed out to the private sector?

If so how much will it cost?

The Minister's answer:

The provisional cost we have for implementing full eye and foot care screening for all diabetics and others who require it, is estimated at £250k depending on how they are provided.

There are a number of potential ways in which they could be provided, including directly employing staff or by using existing Primary Care contractors and the preferred method will be decided once funding has been secured.

Chairman's Comments:

Great, The Minister is implementing 'Care in the Community' and the Minister does not as yet know how to go about it, but confirms these disciplines are missing.

So now we know what the '**unlikely**' additional costs to the Health Department will be, **ONE QUARTER OF A MILLION POUNDS**, and even though he won't admit, it, this will probably rise.

Oh and the Minister intimates, he will have to go to Tynwald for these monies, so presumably he hasn't got the money in his budget, even though the budget was presented to Tynwald after this decision had been taken by the Department

But as usual he does not know how he is going to spend the money, until Tynwald approves it, and gives it to him.....great planning Batman.

Again how in perdition can the Minister implement a system, that is faulty even before it starts, as he does not have these disciplines in place, and when he does it will cost him at least **A QUARTER OF A MILLION POUNDS**

By his own admission he does not even know how he is going to spend the money.

Then the Minister tells us all, how he intends to spend the money, he will decide when he has the money after **'funding has been secured'**.

Then when he has the money, the Minister is confident he might 'employ staff' or again on the other hand he might be 'using existing Primary Care contractors' or again he might not. Wonderful!

'Primary Care contractors' in Department of Health terms, means he might use the Chairman's intimated question, **'Is it going to be palmed off to the private sector'?**

The Diabetic knows that some of the 'existing Primary Care contractors' have also 'expressed support for the initiative' as the Minister so ably puts it.

Incidentally if you look above we also wanted to know how much it was going to cost if it went to the private sector. The Minister does not know. He wants the money but hasn't decided how he is going to spend it, so he can't answer the question.

But we know it would cost an extra **ONE QUARTER OF A MILLION POUNDS**, maybe more, **when we have all these facilities already in place at the Manx Diabetes Centre, and the eye clinic.**

Man, just do what the Friends of the Manx Diabetic say increase the Staff and the Clinic times at the Manx Diabetes Centre.

Enhance the eye clinic at the Hospital and enhance the Podiatrists compliment and the clinic times.

Re-open the Podiatry Clinics at Laxey and Peel, and stop mucking about with the patients.

But no matter, the Brown block vote will vote the Minister the money.

Then he can decide what he is going to do with it.

Honestly, would you vote the Minister **A QUARTER OF A MILLION POUNDS** without him telling you on how or what he is going to spend it on?

It just beggars belief, and it is incredible.

The Department of Health continues to place the Manx patients at risk.

This is another unfathomable wild goose chase, when we have all disciplines at the Centre and the eye clinic already working properly.

Surely it is time for the Minister to go

Advice for the Minister

Always start with the ANSWER and work backwards, and you will arrive at a statistic to bolster your answer.

Then you can't go wrong, because you always have the right answer you started of with.

Are we going backwards in time to the dark ages of diabetic care?



Mr Norman McGregor Edwards
Director of Health Strategy and Performance

In a press release on the 16th December 2010 Mr McGregor Edwards the Director of Health Strategy and Performance of the Isle of Man Health Department, announced that as from 1st February 2011 and over a period of several months, the Department of Health would gradually transfer those diabetics who were Type 2 and who were in good health from the Manx Diabetes Centre to GP care.

In a letter dated 21st February 2011 the Minister for Health Mr Anderson dissects the report submitted by the Chairman, page by page and tries to uphold the Department of Health's intransigent and indefensible position.

The Chairman will reply seriatim to the points that the Minister for Health raised, as once again he has confused the woods with the trees and the whole issue.

The Minister's answers as posed by the Chairman are contradictory and without substance and will also be dealt with when he replies to the Minister.

However in his reply to the Chairman's report the Minister Mr Anderson admits that, **"No GP practice is able to offer a full one stop multi-disciplinary clinic as podiatrists, optometrists and dieticians are not available in GP practices"**.

But Minister they are available at the Manx Diabetes Centre.

So what the dickens is he proposing to implement without these disciplines in place, why is he diminishing the role of the Manx Diabetes Centre, to the detriment of the Manx Diabetic, who have all these disciplines in place at the Centre?

In one reply the Minister said it would cost nothing.

In reply to another question as to how much it would cost to have the necessary disciplines in place, the Minister said, as we have pointed out previously, that it would cost £250,000, (**A Quarter of a Million Pounds**), but he has to get the funding.

Once he gets the funding, he will then decide whether to employ more staff or put the care of these disciplines to outside contractors.

But we have all these disciplines at the Manx Diabetes Centre so why not employ more staff at the Centre and increase the clinic times as the Chairman suggests.

The Chairman in his report did not say that he wanted to stop a return of Type 2 diabetics to GP care.

What he did say was that provided they were well controlled they could return to “**Shared** care in the Community”, but there must be the necessary safeguards at GP surgeries, facilities in place, and for them to be returned to the Centre when and if required, and at least once a year.

What the Chairman was emphasising was that all protocols must be in place prior to this happening.

The Minister as usual seems to have missed the point.

However The Friends of the Manx Diabetic still maintain that the truth of the matter is that in one fell swoop the Health Department and its Minister have now done away with multi-disciplinary preventative care for more than half the Manx Diabetic population at the Manx Diabetes Centre.

With the Health Department’s press release they are doing nothing new, just window dressing and spin, to hide behind a claim that this “is not a cost saving measure”, they are nonetheless diminishing the facilities at the Manx Diabetes Centre, as every diabetic at present already goes to their GP, as they need prescriptions to stay alive, and they don’t get prescriptions at the Hospital or the Manx Diabetes Centre.

So diabetics going to their GP is nothing new.

It is the diminishing of the facilities at the Manx Diabetes Centre for the Centre to see all diabetics on the Island, if required, that we are concerned with.

Contrary to what the Department might say the Centre is now, in an effort to save monies, dealing with the appointments for the Arthritis Clinic, further diminishing the staff’s Diabetes activities.

So whatever the Department’s claim that it is not a money saving scheme, it’s all baloney

Again the Minister conveniently misses this out.

Mr Edwards says that “**The numbers attending the Centre have reached unsustainable levels resulting in many patients facing longer waiting times than are acceptable or necessary**”.

At present they regularly go to their GP whilst they are waiting to go to the Diabetes Centre.

This is an indictment on the Department, because if this is the case then by their own admission we need more staff at the Manx Diabetes Centre, and more clinic time, not diminish their activities in preventative care and in looking after diabetic patients. This is a retrograde step.

The staff at the Manx Diabetes Centre were the same in number in 2001 as they are today in 2011. The clinic times that were available to patients in 2001 are the same number and for the same time allocation as they are today in 2011.

No one can work under the same conditions they were working under 10 years ago, when the number of diabetics has risen out of all proportion in 2011 to those that existed and attended the Centre in 2001.

By his statement even Mr Edwards admits this.

So how can the Manx Diabetes Centre therefore be expected to cope in 2011?

Common sense dictates that they need more personnel and an increase in clinic times to deal with the diabetics that exist today.

Diabetics on the Island are being diagnosed on average at more than one a week.

The reality is that the Department of Health by admitting their incompetence in resolving this impasse is not fit for purpose.

They would rather deprive the Manx people of preventative care facilities at the Centre rather than give the centre the wherewithal to function properly.

Dr Hannan the Primary Care Medical Advisor to the Department of Health confirms that **“The department is working towards the introduction of comprehensive eye and foot screening for diabetics”** unquote.

Note the **‘working towards’**, this means that they are sending back diabetics to the GP’s, and they do not have these disciplines in place yet, to the detriment of the diabetic patient that will be going to the GP’s, but which the diabetic patients going to the Manx Diabetes Centre already have in place there, and enjoy.

Again, by the Department of Health’s own admission, the Manx diabetic patient is therefore being deprived of these facilities.

There must be clearly defined protocols for referrals **from and back into secondary care.**

These clearly defined protocols ‘from and back into secondary care’ **are not even in place**, and the department has not even considered the waiting lists for this back and forth movement into secondary care.

Are we going to postpone the Type 1 clinic appointments at the Manx Diabetes Centre to accommodate the Type 2 referrals going **from and back** being sent back by the GP’s?

This will bring us back to square one without more staff and an increase in clinic times, the waiting lists will be the same as they are now, and the Type 1’s will be put at risk.

At the Centre everyone gets uniform care for all patients, they see the diabetologist or diabetic doctor, then the diabetic nurse, then the podiatrist, then the dietician and then their eyes are photographed and appointments made for the eye clinic if necessary.

Where are all these disciplines at every surgery on the Island? Even the Minister admits that they don’t exist.

It stands to reason that at 13 different practices (with some 47 GP’s), and casting no aspersions, that the patients are going to get 47 degrees of care as they are not diabetologists and without the backing of the Manx Diabetes Centre which at present the Manx Diabetic patient has available to them.

The Department of Health, instead of doing their job under the Health Act and providing more facilities, is taking them away from the Diabetic Centre.

This is a cop-out by the Department of Health.

It is an extraordinary risky situation that the Health Department is putting the Isle of Man Diabetic patients in, without the necessary Disciplines in place.

This course of action will have devastating implications for future health budgets if the proper steps are not taken now to prevent as many complications to the diabetic patient as possible.

The Pathway the Department have given the GP’s to follow is complicated and never been used on the Island before, it is geared to the UK, which again compounds the issue.

Whatever the Health Department may want to say in its defence.

The Chairman is of the opinion that the biggest indictment on the Department of Health and its Minister comes from a GP that has said that “no extra training has been provided for Primary Care Staff and no assessment of competency etc. There is no universal eye or foot check system in place and no extra resources in place or planned for Primary care”.

Furthermore they are of the opinion that they are worried “about the all of a sudden rapid implementation without proper checks and resources”.

Whatever the Department says, this GP must know what is happening. if they are going to look after the diabetic patients.

They also feel that the Pathway is a complicated pathway that has never been used on the Island before.

On the 17th July 2006 the Chairman in the company of Mr John Houghton MHK presented a 68 page report to the then DHSS.

In it, being aware of the problems at the Manx Diabetes Centre, the Friends of the Manx Diabetic said that they did not want “Care in the Community” but **“SHARED care in the community” with an enhanced Manx Diabetes Centre in staff and clinic facilities, which is totally different to what the Department is now proposing with its defective and diminishing facilities.**

By their own admission five years later the Health Department still do not have a properly staffed Manx Diabetes Centre with adequate personnel and the necessary clinic facilities to deal with **ALL** the diabetics now on the Island.

Where is the Minister for Health in all of this?

We are sure that it was never the intention of Tynwald when they voted the

Centre through, for the Centre to treat some diabetics and not others.

It was never their intention to discriminate, as **diabetics need constant and expert preventative care.**

If you don't want to go to the centre that is your prerogative, but it must be available for those who **want to be seen by a diabetologist and a multi-disciplinary team.**

The diabetics on the Island are only going to increase and compound the Department's problems, unless steps are taken **NOW** to ensure that the Manx Diabetes Centre works properly, and has adequate facilities in staff and clinic times.

The Department of Health has chosen diabetes which is the wrong disorder to treat in just 'care in the community' in a Nation such as ours, without the proper safeguards and protocols.

Diabetes is a pernicious disorder that attacks the body organs and creates complications that will result in death if not caught early and treated properly.

Type 2 diabetes is as bad as Type 1; people **also die** of Type 2 diabetes.

As Dr Chris Currie advisor to Diabetes UK has said; **"Type 2 diabetes is going to continue to rise and part of the issue is people don't realise how big the problem is"**

The Minister and the Health Department apparently do not realise the Type 2 implications on the Island either.

The Friends of the Manx Diabetic would like to make it clear, that in accordance with their report to the then DHSS on 17th July 2006 **they do not agree with** "Care in the community" as proposed by the Department of Health and its Minister, **but what we want is "SHARED care in the Community", with an enhanced Manx Diabetes Centre as its pivotal point, with a properly staffed multi-disciplinary team and more clinic times.**

All disciplines and protocols in place, and with more staff and time for diabetic clinics to cater for all diabetics on the Island, that **need** to go there and **want** to go there.

Why should the Department of Health dictate which diabetics can be seen at the Centre and which can't.

If you withdraw the diabetic's freedom of choice to see whom they please, without their agreement, you are depriving them of their Human Rights.

Once we have all protocols in place we can then return all Type 2 diabetics who are properly controlled to GP care. Anyway they are already being seen by their GP's.

With the proviso that they can return to the Diabetes Centre for periodical checks to re-access and change their medication if required, and to go there when they so desire.

Diabetes is not visible. You may kid yourself you look good for some time, but its like a car with a beautiful coachwork and a rotten engine and everything else falling apart, so don't fool yourselves, **diabetes is a killer**, it is constantly and silently eating away at you're body organs and your health.

You will not notice anything until complications suddenly set in.

Be it Type 1 or Type2 DIABETES KILLS.

We cannot allow this to happen, as we appear to be going backwards into what we had before, when a prominent diabetologist in the UK said prior to us having a diabetes Centre, that the facilities that the then DHSS was providing the Manx Diabetic patient with, was both **'morally and medico-legally untenable'**.

He later pointed out that **"to dismantle the service in ANY way would be a waste of dedicated diabetic related expertise"**.

Which is what the Health Department is doing under false pretences.

On 3rd February the Chairman accompanied by Mr John Houghton MHK presented a report to Mr Dudley Butt Member for the Department of Health and Mr Norman McGregor Edwards the Director of Health Strategy and Performance at a meeting at Crookall House. A copy was also handed in for the attention of the Minister for Health to answer questions.

Also present was Dr Kewley who produced for us a plethora of statistics in a desperate effort to prove the Department's case.

However, Statistics do not save lives.

When patients have Amputations, Heart attacks, Strokes, Kidney failure, problems with their sight, go blind, and the many other diabetic complications, what is the Health Department going to tell them?

'Sorry old chap or old girl, but you were not part of our statistics, we did not make provision for this in our statistics to make them look good, and to prove our point, so we do not recognise what has happened to you?'

Give them all a bucket of sand so that they can put their heads in it, as they live in an ostrich culture.

The Member for the Department of Health Mr Butt said, that he had asked the ex GP to be present to give us a 'medical perspective', but all we got was a defence for the Department of Health's intractable position.

We have now been given to understand by the Department of Health that Dr Kewley has been appointed as a consultant to the Department of Health to advise on pathways.

We just wondered why Dr Emran Khan was not the one to have been asked to be present to give us a 'medical perspective', and his expert opinion.

After all he is the dialectologist in charge of the Manx Diabetes Centre, and the one person who is constantly dealing with Diabetics on the Island, his knowledge of diabetes and procedures is second to none.

He is the only one who could have given the meeting a real 'diabetic' 'medical perspective', from a Consultant Diabetologist point of view, being the only Diabetologist Consultant on the Island, and to boot he is already in the employment of the Department of Health.

All the Department had to do was call on Dr Khan they don't have to employ others when they have their own expert to hand.

We wonder why Dr Khan was not at the press conference to launch this initiative and why he was not present at the top table at the four meetings around the Island called by Mr Edwards?

But as usual, the Health Department will not face reality, if they want to bulldoze anything through, they will go to any lengths.

The report on the lines of what you have read above, was then presented to all MHK's and MLC's, and to many prominent people on the Isle of Man who are in any way connected to diabetes care.

It also went to Manx Radio, and the Local Press and if you want to read it in its entirety

it is posted on our website at www.diabetes.org.im under Newsletters.

The reply to the Minister's comments will also be post on our website under Newsletter in due course.

Our website is read all over the world.

Please ensure that you make forceful representations to your MHK, as this is of the utmost importance to all present and future diabetics.

It is your Human Right to go to the Centre if you want to.

So Minister, what is it going to be? Are you going to postpone everything until your department has all disciplines, protocols and an enhanced staff and clinic facilities at the Manx Diabetes Centre in place?

Or would you prefer to go over the cliff and into the sea with the lemmings?

**Remember Minister, you are just transitory,
but diabetes is permanent.**

**If you sometimes feel a little useless,
offended or depressed, well don't,
just think as the Chairman does,
he always remembers that he
was once the fastest,
most courageous and victorious
little sperm
out of millions**

The Ten Year Non Event

The Minister for Health has come up with a ten year plan for the Health of the Manx population.

It's a great idea as he won't be in office by then or a member of the Keys, let some else carry the can. I shall propose without substance, let someone else dispose.

Before the presentation to the Ministers and Members, *The Diabetic* was awaiting the report with avid interest, and thought that *The Diabetic* would present the Minister's proposals with comments where appropriate.

But it turned out to be a damp squid.

However when their ten year proposals finally saw the light of day, we felt that it was the best fable since Lewis Carroll published Alice in Wonderland.

There is therefore no point in commenting on their report, it is all wishful thinking, but completely devoid of how the Department is going to implement it's recommendations, or how much it is going to cost.

As usual it was heartily approved by Ministers and Members of Departments who in fact were approving nothing, just a lot of Pie in the Sky,

It reminded *The Diabetic* of contestants in a quiz show applauding themselves.

What is the point of all this hot air when the Department cannot tell us how they are going to implement all the points raised in it?

It is all well and good saying we need this, we need that, we are aiming to do this, we are aiming to do that, but we don't know how to go about it.

They don't say how they are going to de-obese the obese, or how they are going to reduce premature mortality etc?

The Diabetic presumes that they don't realise or understand that the bigger the population you have, the more people are going to be born, and consequently the more people that are going to die?

Maybe as they say they want to create a smoke free Isle of Man, they should start with themselves and stop giving us all this hot air that is polluting the atmosphere.

Hot air costs money to prepare without a concrete solution.

**Light travels faster than sound.
This is why
some people appear bright
until you hear them speak.**

The Government and The Disability Discrimination Act 2006 Editorial

In our last Newsletter of December 2010 we said quote 'Now that we have got the Government a New Reciprocal Health Agreement, in the New Year we shall be starting a campaign to have the Disability Discrimination Act 2006 once and for all implemented in the Isle of Man.

All those who want to join and help in this campaign please ring the Chairman on Tel 613702 or e-mail: chairman@diabetes.org.im

We expected a response but certainly not from the quarter it came and with such haste.

All of a sudden the Government woke from its five year slumber, and low and behold Minister Quayle immediately came out with the proposal, that the Government would be looking at the Disability Discrimination Act over the next three months to ascertain the costs of its implementation.

Considering that the Brown Government had done nothing since 2006 this was somewhat of a surprise and improvement, if only for the gallery.

Or maybe it's because it is election year.

At long last the Government has learned from their mistakes, even if they have once again had to be prodded by the Chairman.

They do not want another debacle like the Reciprocal Health Agreement do they?

They must have thought, we cannot allow the Chairman of the Friends of the Manx Diabetic to once again whoop up the Manx population, so the best way to go about it, is to announce they are looking into it.

Pre-empt the situation and buy three months grace.

However let us put the Brown Government on notice that we are not fooled, the Chairman goes back a long way in political acumen.

We shall hold back until such time as the three months are up, and if they have not sorted themselves out, and if by 15th April we don't have a Manx Disability Act in operation, we shall be on their necks again.

This time there will be no mercy and no pulling back, and it will be another political debacle for them in election year.

We have had enough of the Brown Government's prevarication on the Disability Discrimination Act's implementation.

Mr Quayle says he is employing outside consultants, but we thought they had no money?

How much is all this going to cost?

No more excuses Mr Brown we want action, well before the elections.

If you have money to burn on nonentities you have money for this.

Incidentally, if as is claimed there are over 10,000 disabled people in the Isle of Man, that means that 1 in 8 of the population are disabled.

It appears that the disabled people of the Isle of Man have the power.

All we have to do is use this power, our vote at the ballot box, and we shall not vote the Ministers and Members back in again.

The Diabetic calls on all disabled people not to vote for the Ministers and Members of Departments.

Once they realise they are going to lose their cushy jobs, you will see how quickly they introduce the Disabled Discrimination Act.

Incidentally Mr Martin Quayle also voted against you at the October Tynwald in 2009, in favour of the Teare motion, and you should not vote for him at the next election

In waiting for the Government to implement the Disability Discrimination Act our wild Oats have turned into Shredded Wheat.

Will the Disability Discrimination Act ever be introduced.

In view of the fact that Minister Quayle was pushed into his hurried decree, the Chairman of the Manx Foundation took up the fight once again and went on Radio to defend the disabled, and in support of the Disability discrimination Act 2006 being implemented.

The Diabetic alive to the necessity of this Act being in operation without delay (see editorial) supported Mr David Cooke the Chairman of the Manx Foundation and asked him for his views on the matter.

This is what Mr Cooke had to say: -

“In 2006 The Disability Discrimination Act was passed in Tynwald.

Disabled people had therefore good reason to believe that their days of suffering discrimination would soon end.

How wrong they were, for almost five years later the Act had still not been brought into effect and is awaiting Tynwald to agree a date from which the legislation will be introduced.

Recently Martin Quayle, Minister for the Department of Social Care, announced that he was to commission work by external consultants, to evaluate the cost to Government of introducing the legislation.

No doubt at huge cost.

Although this news has to be welcomed as a very first tentative step forward, it is

difficult to believe that Government has not had time to calculate this cost over the last five years since the legislation was introduced.

It could be cynically said that in taking this action Mr Quayle is attempting to delay further the introduction of the Act.

There are over 10,000 adults with a disability on the Island, some 14% of the total population.

Research has indicated that there is significant evidence of discrimination against disabled people.

Discrimination happens when disabled people are treated less favourably than other people. Examples are being unable to gain access to shops, offices, restaurants, cinemas, pubs, transport or not to be given the same employment chances as everyone else.

Disabled people therefore are being denied the opportunity to live as full a life as they could because this legislation is not in place.

The Disability Discrimination Act does not only have very positive benefits to disabled people, but when it is introduced it will also have enormous potential benefits to retailers and businesses on the Island.

It was estimated in 2004 in the UK, that the spending power of disabled people was over £80 billion per year.

The Act therefore gives businesses a very great opportunity to significantly increase their sales.

Government is committed to the policy of ensuring that all its citizens are not excluded from society.

This policy of social inclusion is one of the main Government policies, yet we have research evidence that clearly indicates that over 10,000 people are being excluded from society because they are disabled.

They are being denied basic human rights and are not able to live life to the fullest extent because the Disability Discrimination Act is not in operation.

Government's policy of social inclusion for everyone has clearly failed miserably.

Once the cost to Government of introducing the Act has been estimated it has to decide on a timeframe to implement the various sections of the Act.

We have another potential delaying tactic as the legislation requires the introduction of Regulations and Guidelines to be developed before various sections of the act can be implemented.

This process has the potential to involve further expenditure in commissioning this work and it is estimated that it will take a further 12 months to complete.

The timeframe could be reduced by using the Guidelines developed for the UK Act (which is similar to the Manx Act).

The discrimination being experienced by disabled people can not be allowed to continue when we have over 10,000 disabled people who are socially excluded from society, unable to fulfil their potential.

Yet if the Act were to be introduced it would resolve most of the problems.

Martin Quayle and his fellow Ministers have the solution in their hands they should decide on a date, in the not too distant future, when they will introduce the Act.

Without a target date for introducing the legislation I can see that we will still be talking about the introduction of the Disability Discrimination Act 2006 before the elections for the House of Keys in 2016 ten years after the legislation was first introduced.

David Cooke
February 2011”

The Chairman of the Friends of the Manx Diabetic would like to thank Mr Cooke for his lucid and common sense approach to the introduction of the Manx Disability Discrimination Act 2006.

The Chairman of the Friends of the Manx Diabetic pledges his groups support to Mr Cooke in his endeavours to have the Manx Disability Discrimination Act implemented without delay.

If you are disabled don't vote for any of the Ministers or Members of Departments.

See previous editorial.

There is a fine line between fishing and just standing on the shore like an idiot waiting for the fish to fly by.

Bowel Cancer Screening Programme

The Minister for Health Mr Anderson has announced that all residents from 60-69 will be invited to participate in the Bowel Cancer Screening Programme which the Health Department claims could potentially save

around four or five lives on the Island each year.

As the Minister says “I am really pleased that we've been able to allocate resources for this important screening initiative.....I'm certain that implementing this programme is the right way forward”.

The Minister then also claims that quote, “the screening programme will have a real and measurable impact in reducing the number of fatalities from this deadly condition on the Island” unquote.

What programme Minister?

It's just a start which *The Diabetic* welcomes.

However Minister, what happens to those Manx people that are under 60 and over 69, do we ignore them until they get Bowel Cancer?

Do we let them get Bowel Cancer because the Government's money has gone into the 8.3 million pounds allocated to painting out villages and towns, or into car parks at this time of austerity, at the expense of our patients?

Have the people under 60 and over 69 who regularly paid their National Insurance have no say in the matter?

Or is it that the people below 60 and those over 69 had decided not to pay their National Insurance during their lifetime?

Now our Government after taking their National Insurance monies have decided they paid for nothing.

Are they not entitled to this Screening Programme that the Minister claims is going to save four or five lives? Why can't we save more lives?

By the way he says he will extend it later. So until then don't get bowel cancer.

To put it another way, were they conned into paying National Insurance?

Do we let our people run the risk of dying from Bowel Cancer, as the Department of Health has only money for and is happy with just screening people from 60-69?

Where did the money from your National Insurance go to?

Once again it's just another faux pas, by our Government.

It's just another square peg in the round hole.

Where are our Government priorities?

You know you are getting old when you go for a mammogram and you realise it is the only time someone will ever ask you to appear topless in a film.

The Reciprocal Health Agreement

The Chairman had hoped that we had put this to bed once and for all a long time ago

However it has resurrected itself once again and the Chairman has been forced to make comment again.

One of his many friends, who was most indignant, has sent him copy of a circular letter that the Minister for Health Mr Anderson sent to his constituents.(by the way he also voted against you), in which he claimed he had worked hard for the Reciprocal Health Agreement.

The Chairman's telephone has been red hot and hasn't stopped ringing from Mr Anderson's irate constituents and the many Manx people who worked so hard to achieve the agreement

He may have signed it, but it was put before him on a plate by the people of the Isle of Man.

If we look at the Hansard of the October Tynwald of 2009 you will see that Mr Anderson voted against the Manx people and in favour of the Teare Motion to abandon them to their own devices.

The Manx Government had already thrown in the towel judging from all their statements and what was said that morning in Tynwald.

Not to mention from the UK Government's point of view, they claim Brown and Company had given up without a struggle.

It was the six MHK's, Mr Rodan, Mr Houghton, Mrs Cannell, Mr Gill, Mr Karran and Mr Cannan that voted with the people.

It was Mr Mackinley, the Chairman, and friends, and the people of the Isle of Man, and not Mr Anderson or our Government, for they abandoned the people, and you should **NOT** vote for him or the others at the elections in September. (See our last item on this issue of *The Diabetic*).

Mr Anderson, the Chairman has informed *The Diabetic*, that in his personal capacity, he will be writing and canvassing all your constituents, and the constituents of any of the sixteen MHK's that voted against the

people of the Isle of Man that claim they got the Reciprocal Health Agreement for the people.

This the Chairman will do nearer the voting date, putting the issue straight, and asking Mr Anderson's constituents **NOT** to vote for him, but for anyone else on the ballot paper they fancy, as he did not support his constituents in their hour of need.

**If as they say you are only given a little spark of madness.
You mustn't lose it.**

Mr Andrew Mackinlay

Mr Andrew Mackinlay was invested with the Honorary Freedom of the City of Gibraltar on 1st February 2011 for services rendered on behalf of the people of Gibraltar.

This had been unanimously approved at a session of the Gibraltar Parliament held on 5th July last year.

The Ceremony took place at John Mackintosh Square with the conferment carried out by the Mayor of Gibraltar Mr Anthony Lombard.

Chief Minister what was he given here for all the work he did on the Reciprocal Health Agreement on the people's and your behalf?

Chief Minister *The Diabetic* is ashamed to even mention what he was given on the Isle of Man. The Chairman was present at the presentation.

The best defence against the atom bomb is not to be there when it goes off.

Guernsey and the Reciprocal Health Agreement.

The Authorities in Guernsey say that an issue of discrimination has to be overcome before the Island can sign a reciprocal health agreement with the UK.

The department claims that if Guernsey had an agreement like the one signed with the Isle of Man it would disadvantage Islanders.

It would mean that Islanders would be paying for services that UK visitors would get for free, as Bailiwick of Guernsey residents pay for ambulances, accident and

emergency visits, and doctors appointments, whilst residents of the Isle of Man, Jersey and the UK do not.

So to provide these services free of charge to non-local UK residents would discriminate against their own people.

However the department said negotiations over the future of an agreement would continue.

The answer is, fall into line like everyone else.

If not the Chairman is sure that the population of Jersey would not mind allowing English visitors to have free everything in Guernsey provided they themselves had free everything in the UK.

What they need to do is like we did here, people power, and their Government will like ours, then fall into line.

Alternately ring the Chairman of the Friends of the Manx Diabetic on (01624) 613702 and he'll tell you how to go about it.

A committee should consist of three directors, Two dead and one dying. Tommy Doherty when Manager Manchester United.

Health Agreements with other Countries

As you all know the European Health Insurance Card (EHIC) scheme **DOES NOT** apply to residents of the Isle of Man as we are **NOT** members of the EU.

But the Diabetic is sure that we have bargaining chips that would take the Island into this EU EHIC scheme.

However what the majority of our population, i.e. travellers from the Island do not know is that you may be able to obtain immediate and necessary (emergency treatment) in the following Countries, as the Isle of Man Department of Health have reciprocal agreements with them.

Don't mention this too loudly, we are not really supposed to know unless we ask the Health Department. So here goes, the cat's out of the bag.

1) Member States of the European Union, that have reciprocal health agreements with the Isle of Man

Austria	Belgium	Denmark
Eire	Finland	Hungry
Malta	Poland	Portugal
Slovenia	Sweden	

2) Other European Countries that have reciprocal health agreements with the Isle of Man.

Bosnia-Herzegovina	Bulgaria
Channel Islands	Croatia
Gibraltar	Iceland
Macedonia (former Yugoslav Republic of)	
Norway	Romania
Serbia and Montenegro (former Yugoslavia)	

3) Countries in the Rest of the World that have reciprocal health agreements with the Isle of Man.

Australia	Barbados
Falkland Islands	New Zealand.

However: -

i) Please note that visitors to these countries will be required to pay charges for their treatment on the same basis as residents of the countries visited.

ii) These arrangements according to the Health Department rarely extend to treatment as an in-patient or an out patient.

iii) The Department of Health however advises all Isle of Man travellers to take out comprehensive private health insurance to cover all eventualities which may incur health care costs whilst travelling in or visiting other countries (**including the cost of repatriation to the Island**).

By the way now that you know, if you require further information, contact the Department of Health, Health Services Division on Telephone (1624) 642608 or (1624) 642614.

So there you are, the world is now your oyster, just pick and choose where you want to go, but make sure you have proper insurance.

Bet you didn't know about all this facilities you enjoyed without knowing you were enjoying them, or were entitled to them?

You see it's the old maxim, if you don't ask you don't get.

What other goodies has the Department of Health in store for us poor plebs, that we don't know about.

As Sir Humphrey used to say:

"What is it that you need to know, that you don't know, that you should know, but because you haven't asked, you don't know?"

Question: "What should we need to know that we havn't asked, so we don't know"

**I'm not bald, I'm just taller than
my hair.**

The Food at the Strang Holiday Complex

The Chairman has informed the Director of Health Strategy and Performance, Mr Norman McGregor Edwards, by e-mail on the 14th February 2011, St Valentines Day, that he had occasion to avail himself of the facilities of Mr Edward's Strang Holiday Complex.

He went in with a heart condition and came out with Noro Virus, which he considered a good trade exchange.

On Monday 21st February the documentary despatches dedicated a full hour to the deplorable food in hospitals in the UK.

Fortunately for the reporter he was not staying at Noble's and was spared the experience here otherwise it would have topped the list.

However in The Diabetic No 18 of December 2007 we brought up this issue and four years later it is still as terrible as it was then.

See our website, when the flags come up click on Newsletters and the go to No 18 of December 2007.

As you know our website is www.diabetes.org.im

However to 2011, the Chairman told Mr Edwards that his food facilities for patients had not improved since 2007, and that Mr Edwards had wheeled out a gentleman who was supposed to be in charge of foods for the Hospitals at a meeting of the Tynwald Advisory Council for Disabilities two years ago, and that the Chairman had asked this gentleman for a meeting to discuss food for the diabetic patients, and he was still waiting to hear from him.

The Chairman told him in the e-mail that the worst food he had ever eaten was in Kampala in Uganda five days after Amin had been deposed.

He had gone there at the invitation of President Lule the New President who invited him over for talks.

After profitable discussion for both the New President invited him to lunch.

It was the worst food that he had ever had, it started with tomato soup, which appeared to be dirty water with a tomato slice floating

in the middle, but Mr Edwards, the food at Noble's takes the worst food accolades.

It is pathetic.

At this stage The Chairman would like to place on record that this is no fault of the Catering Staff or the Nurses at Noble's as they are second to none and the most efficient and caring body of people in the Isle of Man.

But this does not exonerate those in administration that are taking the decision of providing food for the patients.

When the Chairman was a patient in Hospital at Old Nobles it was a joy looking forward to lunch or dinner and you looked forward to this highlight events of the day.

Now, where is the Bin Bag?

Whilst the Chairman was there, Jan had to bring him food from home, as what he was given was terrible and did not carry his sugar levels through the night.

It is no good saying there are sandwiches available. The patients need a proper meal at the proper time.

Loyd Grossman in the programme of 21st February said that "It seems so obvious that if you give patients better food, they will be happier, and they will heal more quickly"

Even the Health Minister Anne Milton said "There is no excuse for any Hospital offering patients poor quality food"

What's our excuse here Mr Edwards?

Once again don't try to blind us with statistics and say 75 or 89% are happy.

Of course they are if they get a sister or a nurse standing over them and asking them what they think about the food.

But talk to them like the Chairman's does once they have left the hospital and it is a totally different story. Anyway the Chairman is speaking from first hand experience.

What the Department has to do is let the Chairman loose on patients that have left hospital and the real picture of the terrible food will be apparent. He will bring you the real picture of what patients think.

The Prisoners get better food because they are allocated more money, and if not, they would create a rumpus, but our poor patients have no recourse to anyone at all.

The administration as has already been proved, is only interested in saving money.

It is not only medical care that will cure the patients, but also their nutrition that must be paramount.

**My Grandmother' 90,
she's dating.
He's about 93.
They never argue; they can't
hear each other.**

The Minister for Education and Children

The Minister for Education and Children said on Radio on 6th December 2010 that he intended to get from China a Mandarin Speaker to teach in local schools.

Apparently it appears he was unsuccessful as there were problems with customs.

How pathetic.

No wonder he lost Health.

Now he should lose his seat, because to boot he voted against the people on his proposal in the October 2009 Tynwald, and you should not vote for him in September

Didn't he do his homework well?

The Chairman has had it confirmed that there are Mandarin and Cantonese speakers that already work on the Island.

Where did all the money for this come from, when we have no money and are getting rid of teachers?

Incidentally the Chairman humbly suggests to the Minister, that he could have rang the School of Oriental Studies in the UK, and for the cost of a phone call, got himself recommended from some one there and saved the taxpayer all this extra curricular expenses.

More unnecessary expenditure, but lets cut our front line services for health and the children.

Who said we had no monies when we have set aside £8.3 million to improve our towns and villages, but not for our front line services in this time of supposed austerity.

Well done the Brown Government, once again we have our priorities right, lets diminish the role of the Manx Diabetes Centre, and instead lets paint some building or other in the Centre of some village or town.

That will no doubt help the Manx Diabetic population.

Mister Teare it is time you went and took with you the Chief Minister, who according to the British Government said "that the Isle of Man Government appeared to accept the scrapping of the Reciprocal Health

Agreement" he threw in the towel without a struggle and also voted against the people.

Don't vote for either of them.

**Notice at a Zoo
Please be safe**

**Do not stand, sit, climb or lean on
Zoo fences.
If you fall, animals could eat you and
that might make them sick.**

The Census

A census is being held on the Island on 27th March next, to provide a full and accurate picture of the population of the Isle of Man.

Government, local authorities, and private enterprise will use the census for a variety of purposes, such as assisting in the necessary analysing of facilities in the provision of public services.

Remember all households and institutions in the Island are required by law to complete the form on the designated evening, and return it following the instructions.

Please make sure you comply as this will ensure that you have a vote at the next elections, as we want all those that voted against you at the October 2009 Tynwald not returned.

Report from the Tynwald Advisory Council for Disabilities

We have received the Report from the Tynwald Advisory Council for Disabilities for the year ending December 2010.

The Committee is set up to give advice on matters relating to chronically sick or disabled persons, and recommend changes in legislation.

The committee cannot enforce or give instructions.

If it can't do this one wonders what it is there for, as we have been asking for their help since Mr Brown was Chairman and all we have been told over and over again, is that they have made visits, but no action.

The Chairman also makes visits, but gets things done.

Anyway in their report they claim that the Disability Discrimination Act 2006 was passed in 2006, which we all know, but will require the drafting and approval of detailed legislation.

One again *The Diabetic* wonders why after five years this has not been done, and why the Committee has not brought pressure to bear on the Government for a speedy resolution, since they are the Tynwald Advisory Council for Disabilities. On the other hand maybe they have, but have not been heard.

Sorry forgot the can only recommend.

So five years and nothing.

The Display boards.

This argument has been going on for donkey's years to have these display boards removed from our pavements, as people with impaired vision cannot see them.

The Committee has been working very hard on this issue and now the Committee claims that at long last, the issue has been resolved.

They have passed the buck to Douglas Corporation that they say were going to sort this out.

They have sorted it out alright.

The Corporation has published guidelines for street furniture in the public highways.

The Diabetic presumes that after all these years the guidelines are to the satisfaction of the Committee and the disabled public.

So here they are.

We thought that the intervention of the Committee over the many years would have got these boards withdrawn.

Instead *The Diabetic* understands that Douglas Corporation is asking Traders for £50 a year to have Display Boards outside their premises.

If the traders want to compound the issue, for £300 they can have tables and chairs outside of their premises as well.

Great, after all these years well done the Tynwald Advisory Council for Disabilities, we are worse than when we started.

Liverpool Airport

We now come to Liverpool Airport, for seating transport arrangements for IOM patients going to Hospital there.

The least said about this the better, for once again after years of representation by the Committee, there are still not enough seats for the Manx patients in transit.

This departure lounge is the only point of departure for wheelchairs for all flights, and therefore if there are other flight with people in wheelchairs waiting to board, there are no seating facilities for their carers or for that matter the Isle of Man walking wounded..

Just an example, a little boy with leukaemia that had gone for kimo that day,

was lying on the floor as there wasn't a seat available for him at the departure lounge, that has wheelchair access.

What is the point of all this?

We are not prepared to go into the rest of their claims, but would just note that they say that the New Reciprocal Health Agreement was signed on 9th September last.

The Friends of the Manx Diabetic presume that by their innuendo they must have also been heavily involved in this decision by the British Government, that made the U-turn because of people power and not the Manx Government.

Incidentally Mr Corkish MHK for Douglas West is a member of the Committee, please remember that he voted against the people, he voted for the Teare proposal to abandon the Manx people to get their own insurance, if they could, or be imprisoned on the Island for life, at the October Tynwald of 2009, and you should not vote for him at the September election

**If at first you don't succeed,
try, try again.
Then just give up.**

News in Brief

Health attacks cut through smoking ban

A comparison of admissions to Noble's with patients with heart attacks, prior to the no smoking ban on 30th March 2008, and two years since, have revealed a drop on admissions for heart attacks.

Pace Maker service for the Isle of Man

The Department of Health has announced that a New pacemaker service will be introduced on the Isle of Man.

This has come about by a donation of £40,000 from Noble's Hospital Trustees.

Currently people on the Island who are fitted with pacemakers have to travel to Liverpool for the necessary procedures. The new initiative will avoid off-island travel and they claim will reduce waiting time for appointments.

The donation will pay for a pacemaker team let by Dr Jan Tibitanzal, who will be fully trained to carry out the procedures.

The service will be set up within the next twelve months and should be fully in operation by Autumn 2011.

It is planned that it will be located in the Radiology Department.

The service will be paid for by the savings in sending patients across.

Eat Blueberries

Research from the University of East Anglia and Harvard University reveals that people who eat at least one serving a week of blueberries could reduce their risk of developing high blood pressure by 10 percent.

The large scale study tracked the health of 180,000 men and women over 14 years.

The scientists believe that the flavonoids, that is the compound that gives the fruit their colour, increases the body's production of nitric oxide which relaxes blood vessels.

Eye drug that can save the sight of Diabetics

A new drug could help reverse vision loss in people with diabetes, it offers hope for diabetics with the serious and common sight complaint called diabetic macular oedema.

Laser treatment is used to stabilize macular oedema, but clinical trials have shown that the drug Lucentis, also known as Ranibizumab, can also offer benefits.

Patients offered Lucentis alone or in addition to laser treatment gained at least two additional lines on an eye chart.

Do Almonds prevent diabetes?

According to a study eating almonds could prevent diabetes and heart disease.

Researchers have found that incorporating the nuts into your diet may help treat Type 2 diabetes which accounts for 90 to 95 percent of all cases.

The report published in the Journal of the American College of Nutrition claims that as well as combating the condition, linked to obesity and physical inactivity, it could tackle cardiovascular disease.

The study has been conducted at the University of Medicine and Dentistry of New Jersey that looked at the effects of consuming an almond enriched diet on 65 adults with pre-diabetes.

An estimated 55 million people in Europe have been diagnosed with diabetes.

High-Tech Insulin

Scientists have developed an insulin injection that needs to be taken only once a day.

The insulin is a package inside a bundle of molecules, and these include a chemical that binds to sugar.

Once inside the body, the molecules float around the bloodstream.

When sugar levels start to go up, the chemical locks on to it and the molecules surrounding the insulin release it.

When the blood sugar has levelled out, the molecules close up around the remaining insulin.

The treatment is still undergoing tests but could be available within a few years.

The Generation living on Junk Foods are now facing a diabetes catastrophe

Published in the Nutrition and Food Science Journal, the research analysed more than 60 studies into children nutrition.

It warns that millions of youngsters are at risk of heart disease, cancer, osteoporosis, anaemia and problems with their brain power because they eat the wrong foods.

Junk Food is causing rising numbers of children to develop type 2 diabetes, a disease once seen only in adults.

Up to a fifth of ten-year-olds are now clinically obese.

Our Department of Health says they have a ten year plan to de-obese people, but they don't say how they are going to do this.

Are they going to call in Ghost-Busters?

The last fantastic action of 2010 or was it the first of 2011

Mr Cretney, is another Minister that voted against you in the October 2009 Tynwald, and you should not vote for him at the next election.

Mr Cretney, had made arrangement for buses to operate on New Year's Eve to ferry people from outlying venues of the Island to and from Douglas, so that people could enjoy themselves with their families and would not need to drive back home.

Very commendable.

The only problem was that if people went to Port St Mary to wait for the New Year with their family the last bus to Douglas from there was at **11.55, (five minutes to midnight).**

How ridiculous can you get.

Instead of seeing the New Year in with their families they saw it in on the bus with the driver.

Why couldn't the Minister have made the last bus at 12.15 or 12.30?

Then the people could have waited for the New Year with their families instead of on the bus

Maybe Mr Cretney would have got more people on the buses.

So Minister, what was the point of going all the way to Port St Mary in a bus?.

Mr Cretney, with all the bus schedule fiasco, its time you resigned and are not elected at the next election.

After all Mr Cretney voted against the people at the October Tynwald, and the people should reciprocate and not vote him in again at the September elections.

This is typically Manx Government in action.

We can all dine out on the Minister's thinking for years.

Please don't throw your cigarette ends on the floor the cockroaches are getting cancer.

No more Hostility towards the Isle of Man.

Minister Gawne another Minister that voted against you in the October 2009 Tynwald and you should not vote him in again said at a rally, that the UK had proved more of a foe than a friend.

He pointed out that the UK had demonstrated clear ambivalence if not outright hostility to our nation, being much more foe than friend in recent times.

He felt that this may force the Isle of Man to look for other trading partners possibly among the Nordic Nations.

It was time he claimed to develop new international relationships and refresh and strengthen old political acquaintances.

But never mind it's just his swan song.

Growing old means when 'getting lucky' is finding your car in a new Car park

The Last Laugh

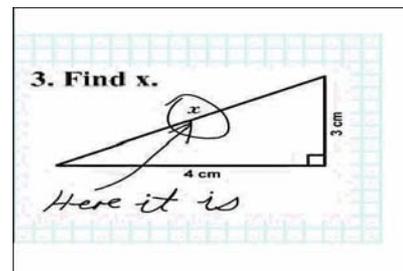
A Man is stopped by the police at midnight and asked where he's going.

"I'm on my way to listen to a lecture about the effects of alcohol and drug abuse on the human body" he replied rocking from side to side.

The policeman asks, "Really? And who's going to be giving the lecture at this time of night?"

"That would be the wife", said the drunk.

Could not resist this question in an exam paper and the answer which we though you might appreciate.



Important reminder to all our members and readers of what you have to do, prior and during the next election.

The Diabetic must remind you once again that if you want to vote at the next election you must be registered to vote, so complete the census on 27th March.

Then **check and make sure that you are registered on the voting list.**

It is no good saying I don't want them back in again, because they have done nothing for the people.

To get out The Chief Minister, Ministers and Members and Members of Departments that voted against you in the October 2009 Tynwald, you must exercise your right to vote.

Vote for anyone you fancy on the ballot paper but any of them.

However if you are not registered you will have no vote. Then there will be no point in blaming others.

We must all have a vote, and exercise our vote to make sure that we do not elect those that voted against us, and abandoned us at the October 2009 Tynwald back in again by default.

So please check that you are on the voting register.

The following MHK's voted against you and for the Teare proposal for us to go it alone, and they abandoned us all.

Do not be beguiled by how many questions they are now putting for answer in the Keys and Tynwald or how many interventions they make in the Key and Tynwald, or how long their speeches, or their claims in their Community News newsletters, all they are trying to do is impress you. The truth of the matter is that they abandoned you.

The motion at the October 2009 Tynwald as presented by Mr Teare contained the following;

a) That from April 1st 2010 the payment of any NHS charges incurred by Manx residents visiting the UK is an individual responsibility.

In other words we wash our hands of you all, the people are all on their own, you pay for your health problems or if you can't, then get insurance.

Whatever they say to the contrary, the Government Ministers and Members of Departments abandoned you all, (a) above is what they voted for.

Do not be intimidated by them saying you need experienced people in Government, because they have already proved that they will abandon you at the drop of a hat, experience or no experience.

Cut this out and put it on your fridge door and when they come to your door, and if they are on this list, tell them you are not voting for them anymore, and take no lip from them.

The MHK's that voted against you, and you should not vote them in again are:

Mr Tony Brown MHK Chief Minister Castletown.

He voted against you

Mr Teare MHK Ayre

He voted against you

Mr Earnshaw MHK Onchan

He voted against you

Mr Quayle MHK Middle

He voted against you

Mr Malarkey MHK Douglas South

He voted against you

Mr Cretney MHK Douglas South

He voted against you

Mr Waterson MHK Rushen

He voted against you

Mr Quirk MHK Onchan

He voted against you.

Mr Crookall MHK Peel

He voted against you.

Mr Anderson MHK Glenfaba

He voted against you.

Mrs Craine MHK Ramsey

She voted against you.

Mr Bell MHK Ramsey

He voted against you.

Mr Corkish MHK Douglas West

He voted against you.

Mr Shimmin MHK Douglas West

He voted against you.

Mr Gawne MHK Rushen

He voted against you.

Mr Bill Henderson MHK Douglas North

He walked out of the Chamber so that he did not vote for you.

So he did not vote for you either.

In our next edition in June we shall remind you of what they did say in the House..

Whatever they tell you take it with a pinch of salt, this is the vote that the Chief Minister's proud of, and kept on quoting as the Tynwald authority, not theirs for what they did.

They all claim it was Tynwald and the British Government, not any of the above, their easy way out is don't blame us, it's not us, it's Tynwald and someone else.

But who were the members of Tynwald that voted against the people?

Have you realise that some of them are already asking lots of questions, so that you notice them, and get them re-elected.

Already the Government was defeated with a twelve/twelve vote with the Speaker giving a casting vote. This is the beginning of the end for the Government.

This means that as the election nears they will continue to defeat the Government to ingratiate themselves with you. Pay no attention to this ploy.

They keep intervening in constant supplementary questions to let the people know they are still alive. They have been putting out 'Up-dates' and holding surgeries, are on Manx Radio constantly telling you what they are doing and how well they are doing, and some even saying how wonderful they are by cutting their salary, **like Mr 10%.**

Pay no attention to them, they are only playing to the gallery so that you vote them in again and they are re-elected.

Well, it is time to give them the heave ho.

Don't be put off by them saying 'If you get rid of us you are going to get

inexperienced people' or by telling us not to rock the boat.

All they want is at all costs to get back in again.

Well they were inexperienced when they first got in. But now they are supposed to be experienced, look at the mess they have got us into, so it can't be any worse, but with new people it could get better.

Remember what the British Government has said about our Government: -

“The Isle of Man Government appeared to accept the scrapping of the Reciprocal Health Agreement”

What an indictment on our Government?

The time has come to comfort the afflicted, and afflict the comfortable.

And only you can do that at the ballot box.

Join us today

We are the Group that leads from the front.

We are the Diabetic Group that gets things done.

Your problems are our problems

If you have problems we shall try to resolve them for you.

**So join us today
Ring (01624) 613702 or
e-mail our Secretary on
our website at**

secretary@diabetes.org.im

**Or just complete the form at the back
and return it to the Membership**

**Secretary,
17 Farmhill Park,
Douglas IM2 2EE.**

Join us today

Yes – I would like to join

The Friends of the Manx Diabetic

Caajyn Lught Vannin yn Chingys Millish

A group for diabetics and their medical carers on the Isle of Man. All monies raised and donated to the group will be used for the benefit of diabetics and their medical carers on the Isle of Man.

Isle of Man registered charity number 894

Name

Address

.....

Postcode IM..... Telephone

Email

Date2011

Membership fees:	over 60	£5 per annum
	Individual	£10 per annum
	Life	£75

Do you agree to your name being held on computer for mailing purposes? YES/NO

I am/not diabetic Type 1/Type 2 diet/tablets/insulin

Please return your completed form and subs to:

Membership Secretary, 17 Farmhill Park, Douglas IM2 2EE

Website: www.diabetes.org.im

Email: secretary@diabetes.org.im