

The Newsletter
of the Friends of
the Manx
Diabetic.
The diabetic
support Group
of the IOM

The Diabetic

All monies
collected are
spent on the Isle
of Man.
No monies are
sent
off Island

The Best and most Informative Diabetic Newsletter on the Isle of Man

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LEADING FROM THE FRONT

Caaryjn Lught Vannin yn Chingys Millish

A Charity registered in the Isle of Man. Charity number 894.

All monies collected from whatever source will only be used on the Isle of Man for the benefit of diabetics and their medical carers.
The Group that fights on behalf of the Manx people without fear or favour.

Call for Breast Cancer demonstration outside Tynwald

The Disgraceful waiting lists

Breast Cancer Surgeon

Notes for our Civil Servants advising the Minister

In this issue

Call for Breast Cancer demonstration outside Tynwald

Our Health Department not fit for purpose:

The disgraceful waiting lists

Breast Care Services

Notes for our Civil Servants advising the Minister

Presentation to the Podiatrists and Dietician Services

The Prosthetic and Orthotic Services

Local News:

Protect the Most 'Vulnerable'

The Leaky Buses

The Development of the Bus Station

Complaints against Government Departments
department

The Disability Discrimination Act 2006

Another debacle for Mr Cretney, but it's not his fault

No cap on Election Spending

Access to Work

The UK Disability and Equalities Act 2010

St John Ambulance Care Campaign

New Chairman for Castletown Commissioners

Presentation by the RAOB club of Ramsey.

News in Brief

Taxi Association who have Wheelchair Accessible Vehicles

The Last Laugh

The Elections are getting closer:

Call for Breast Cancer demonstration outside Tynwald.

On 21st or 22nd June at the Tynwald sitting of the Court, depending on the order paper, Mrs Brenda Cannell on behalf of the women of the Isle of Man, will be calling on Minister Anderson and the Brown Government to think again and appoint a dedicated Breast specialist.



Mrs Brenda Cannell MHK

The Motion reads:

“That Tynwald is of the opinion that a dedicated Consultant Breast Specialist should be appointed rather than a General Surgeon with an interest in Breast”

It is in the interest of all the women on the Isle of Man to support this initiative and to demonstrate outside Tynwald and then in the Tynwald Public Gallery.

Harry
OFFSHOREMAILROOM

First Floor 1 Church Street, Douglas IM1 2LH tel: 619796

Book Keeping and Accounts
VAT Payroll and Invoicing
Historical Reconstruction of Records
Web Hosting and Design
IT Support
Computer System Recovery

Your Problems Become Our Solutions

We must ensure that the Chief Minister, Minister Anderson, all the Ministers and the Members of Departments who form the bloc vote, that they understand it is time for them to vote with the people and not their own interests and that of the Manx Government.

We must also send a clear cut message to all the Civil Servants that they are not elected by the people, and the people don't want what is being proposed.

We call on all the MHK's and all the MLC's, in fact the whole of Tynwald to vote with the people of the Isle of Man.

This has been a Government that the Manx people believe has been the worst Government we have had in the last 25 years.

Vote the bloc voters out at the ballot box in September next.

We cannot perpetuate their actions into the next administration.

We call on all the women of the Isle of Man to be outside Tynwald on Tuesday 21st or 22nd June 2011, and support their sisters that are suffering from this pernicious disease, and to show Tynwald that we all disapprove of their handling and intransigence of their proposed actions.

We want a dedicated Breast Cancer Specialist.

**If Brains were taxed,
how many would get a refund?**

**Our Health Department not fit for purpose:
The disgraceful waiting lists.**

Mr John Houghton MHK for Douglas North asked the following questions for written answer from the Minister for

Health Mr Anderson in Tynwald on 12th April 2011.



Mr John Houghton MHK Douglas North

Mr Houghton wanted to know as regards waiting lists:

- If the Minister would make a statement on the current lists for consultants for each medical discipline?
- How the lists compare with those of twelve months ago? And,
- How many consultants and other specialists are responsible for each medical discipline?

In his reply, prepared by his civil servants, Minister Anderson said that unfortunately the question posed was unclear and ambiguous, and that the answer was therefore based on what "We" (that means the Minister's answer written and advised by his civil servants) "think the honourable member was asking".

Below we list what the Health Department proudly proclaim are their waiting lists.

They also give the names of the consultants against each discipline, and the previous years waiting lists, which we have left out and printed only the speciality and the waiting lists for 2011.

Here goes:

Speciality	Waiting list for 2011
Allergy	Not available.
Breast Surgery	Up to 6 months.
ENT	over 24 months.
General Surgery	from 18 to over 24 months.
Oral Surgery	over 24 months.
Orthodontics	up to 18 months.
Restorative Dentistry	up to 3 months.
Thoracic Surgery	up to 3 months.
Urology	up to 18 months.
Trauma &	from 18 months to

Orthopaedics	over 24 months.
Gynaecology	anything from,6,9, 18 to over 24 months
Obstetrics Antenatal	up to 6 months.
Paediatrics	3,6 up to 9 months.
Paediatric Neurology	No wait.
Cardiology	up to 18 months.
Diabetic Medicine	up to 18 months.
Endocrinology	over 24 months
General Medicine	from 3, 6, 9,12,18, or up to 24 months depending on the Doctor
Nephrology	from 3 to 6 months
Neurology	up to 6 months.
Respiratory Physiology	up to 24 months.
Respiratory Medicine	up to 9 months.
Rheumatology	from 3 to 24 months
Dermatology	over 24 months.
Ophthalmology	over 24 months
Orthoptist	up to 6 months.
Plastic Surgery	over 24 months.
Pain Management	up to 9 months.

In the majority of cases the waiting lists have gone up anything by 6 to 12 months, as compared to those as supplied by Minister Anderson for the year 2010.

The Breast Surgery according to the Minister has come down from 12 months last year to six this.

Could be that Ms Hamo has been doing something right.

Maybe that's why the Minister wants to get rid of the Breast surgeon for stepping out of line and bringing the waiting lists for this discipline down.

Maybe the Doctor in question is spending too much money in getting Isle of Man people well.

Because if we had a General Surgeon as Minister Anderson wants, the waiting lists would come into line with their expectations and they would then be happy.

Now *The Diabetic* asks the question:

Why do we have to have such long waiting lists when you can go privately to the same consultant within two weeks?

Is The Minister advised by his civil servants like Mr McGregor Edwards going to send all these people, because of the waiting lists and the fact the Consultants can't cope with them, in all

the above disciplines back to their GP's like they are doing to the Type 2 Diabetics, to cut the waiting lists at Noble's, because the Centre cannot cope with so many diabetics now on the Island?

Minister Anderson has proclaimed publicly that the Brown Government has prioritise Health Care and he can have as much money as he wants, so why not increase the staff at the Centre and increase the clinic times. Yet he closes clinics and amalgamates staff at the Hospital, who are now completely overworked.

The Chairman has just received a letter after complaints, on his blood tests taken on 15th April 2011, that was dictated on 4th May 2011 but according to them typed on 23rd May 2011 and received on May 28th.

It's not their fault, it is because they are also doing other clinics for other disciplines and they can not cope.

So much for the system imposed by Mr Anderson and Mr MacGregor Edwads to alleviate the waiting lists.

So the medicine that the Chairman should have been put on 16th or 17th April is now over 41 days late. He could have died without it if it had been more serious.

Well done Minister Anderson and staff, you have once again messed up everything. It is time to resign.

This is what is going to happen when the General surgeon with an interest in breast takes post and he has to do surgery clinics and surgery instead of full time Breast Cancer.

Apparently none of the other disciplines can cope with the number of their patients either. Hence their horrendous waiting lists. So what is going to happen here?

The Friends of the Manx Diabetic have told the Health Department in their report, that what we need is more clinic time and more personnel at these disciplines, or is Minister Anderson going to continue to slowly kill off preventative care for the

Manx people? It is a good job he hasn't long to go as an MHK.

Playing at musical chairs with people's lives will not resolve the waiting list as Minister Anderson and Mr McGregor Edwards seem to think.

These waiting lists are ridiculous, not only a disgrace and bring the Island into disrepute, but they are an indictment on the way our Department of Health is run and Minister Anderson should resign.

Just by looking at these horrendous waiting lists, shows that the Health Department is not fit for purpose.

They are ridiculous and laughable for what the Chief Minister claims that the Island is not a banana republic, in the 21st Century.

However if you go to your GP, and request to be seen by a consultant, the conversation will go something like this

GP: "Do you want to go private or on the NHS?"

Patient "Why"?

GP: "Well, if you go privately the consultant will see you within 2 weeks. If however you want to go on the NHS then there is a waiting list of anything up to 24 months for the same consultant".

The patients that cannot afford to go privately are being treated like second class citizens in a banana republic, because then the Health Services are not in reality available for all the Manx people on a level playing field.

So the Health Service is not fit for purpose.

If you have to wait 24 months, you might be dead by the time your appointment comes up, what then Minister Anderson?

Who is responsible, you, your civil service advisors, or the Government?

Minister Anderson and his advisor's are failing in their requirements to meet the needs of the Manx Patient.

This is what Minister Anderson and Mr McGregor Edwards have to resolve immediately, not take the easy way out for them, to the detriment of the patients by pretending to send diabetics into GP care, kidding themselves that this will

bring the waiting lists down. The waiting lists at the Centre are this year now standing at over 18 months, according to Minister Anderson himself.

They are just playing to the gallery when they very well know that all diabetic patients in reality already go to their GP regularly, to get their prescriptions and for any other ailments.

The Kings Fund in the UK are bemoaning the fact that waiting lists in the UK have increased to **18 weeks**.

Here they have increased in some instances from 6 or 12 months to 24 months, not 18 weeks like in the UK but to 104 weeks.

Chief Minister this is your legacy in your own banana republic of the Isle of Man.

The Kings Fund personnel should visit our Chief Ministers progressive Island to really appreciate and understand what waiting lists are.

No wonder the people claim that this is the worst Government we have ever had.

But the time is coming soon for their comeuppance and you can do that at the Polling Stations in September.

Stand for your rights.

Vote all those that vote against you out at the ballot box.

There are 16 of them see our last item.

The Chief Minister claims "We are not a Banana Republic" But he omitted to say what we were. Maybe a Lemon republic? Just look at the above waiting lists. It is enough for the Chief Minister to hang his head in shame.

Breast Care Services.

The Minister for Health Mr Anderson finds himself in the middle of yet another row on the Health Services.

Maybe because he should be there to ensure the welfare of the Manx patient, but instead his department is civil service led, not politically led, that is his problem. That is why they don't listen to the people.

What he may not realise is that he will not be returned, but all his civil service advisors will still be there after the election.

In his usually cracked record, it has got stuck on Minister Anderson's default position once again he says "The service will not be reduced".

This record keeps on being caught in the same place far too many times.

The Diabetic understands that there will be a reduction of from four clinics to three.

But because of the way one of the clinics is being set up, this means that there will, under the new system, only be **two clinics instead of the present four**.

Not a 'reduction' then, but as usual just badly accounted for.

What *The Diabetic* wants to know is what the **Job Plan** is going to be for this New Surgeon? Everyone at Noble's has one.

The Consultants don't just sit there and wait for people to come to them. They hold defined clinics on whatever is their disciplines on specific days and surgery on specific day.

We must know what this new surgeon is going to do on what days and at what times of the day.

Not after he is appointed, but before, they must have a **Job Plan**, as no-one will take on any job without knowing what he or she is in for. So they must have one ready for the interview.

We must know what it is prior to the appointment.

Here is an eleven plus question for the Minister

What *The Diabetic* wants to know Mr Anderson is;

'If a Gardener has a full **44 hours per week** appointment book and he decides to go into window cleaning for **half his 44**

hours working time, by how many hours will his gardening service **decline**?

With Minister Anderson's intransigent attitude *The Diabetic* believes he would not have passed his eleven plus, neither would others, but there you are.

The Chairman pointed out at the meeting, that by having a general surgeon instead of a Breast cancer specialist, this would exacerbate the waiting lists as the surgeon would be doing other surgery and not exclusively dealing with Breast surgery for their 44 hours allotted periods.

This was phoo phooed by the Minister's representative.

As they claimed it would be 38.5 hours, then they said it would be 40 hours, until later settling for 44 hours.

Nevertheless Minister Anderson reiterated that the General Surgeon would be working the majority of the time on Breast Cancer.

Now according to the dictionary, which Mr Anderson does not appear to have or to understand, it says "Majority is the greater number (over 50% over half).

Could it be that the Minister's 'majority' figures are 51% or maybe just fifty and a half per cent? Or the equivalent of 50.001%. we are still working the Cancer surgeon the 'majority' of the time on Breast Cancer.

So Minister Anderson is economical with the truth and playing with words.

It is amazing that every body in the Health Department rallies around the decision, except the patients themselves, who are at the receiving end, backed by the public at large as happened at the meeting.

The Diabetic wonders why?

Mrs Brenda Cannell MHK and Mr John Houghton MHK are once again arguing for the defence of the Manx People.

These two MHK's have always been by the public's side arguing against the injustices perpetrated on the Manx People by the Brown Government and his bloc voters, and you should vote Mrs Cannell and Mr Houghton back in again.

This has led to the formation of an action group which culminated in a public meeting at the Legion Hall on Monday 9th May last.

At this meeting Minister Anderson wheeled out the big guns of the civil service and the Medical Department, who answered all the questions posed by the floor on behalf of Minister Anderson, who was in the main conspicuous by his silence.

Minister Anderson himself opened his department's position with a statement prepared by his Civil Servants which he read as his own, thereby showing the meeting that he knew nothing about Breast Cancer and was just the puppet on the string.

There were many angry interventions from the floor from the general public, some sufferers of breast cancer, and some with a terminal condition, which were glossed over by the Minister Anderson's entourage.

In a question to Minister Anderson, The Chairman wanted to know how someone who had been a farmer for thirty years was all of a sudden an expert in Breast Cancer, dictating to the women of the Isle of Man what kind of treatment they should and should not have?

In one of his rear interventions Minister Anderson said he was a lay man, but took advice from his experts.

By his own admission another department that is Civil Service led, as he did not take into account the wishes of the people of the Isle of Man.

His experts came under a barrage of questions which over the night proved to make to many contradictory statements.

At the end of the evening Minister Anderson in closing, explained that they would not change their decision, and his position was intransigent.

Mrs Cannell asked for a vote from those present at the meeting.

It the first instance she asked those present if they believed Minister's Andersons assertion that his proposal was a step forward and that it would not diminish the service.

5 People voted to implicitly believe the Minister, (they had originally been sitting with him having coffee prior to the meeting).

But when Mrs Cannell asked for those who did not believe the Ministers proposals, the whole of those present by a massive show of hands, categorically affirmed that they did not believe him and wanted a full time Breast Cancer Specialist.

Mrs Cannell undertook to continue the fight on behalf of breast cancer patients and the Manx people, and promised that she would take the matter to Tynwald.

One of the founders of the Action Group is Julie Stokes, who hopes that you will all support what they are doing.

You can contact Julie Stokes on telephone 484950. to give the Action Group your support and help. There is a website so that you can air your views and add your signature and support on this vexed subject.

The Diabetic understands that there are over six thousand signatures collected already.

And like the petition the Chairman of The Friends of the Manx Diabetic got together on the Reciprocal Health Agreement, Minister Anderson has already said that people are signing it, but that they don't know what they are signing for,

This is just the same lame excuse Mr Teare used to ignore the Chairman's petition.

Isn't there a similarity being entertained by the Health Department?

The Diabetic wonders who is giving the same advice to Mr Anderson that gave similar advice to Mr Teare.

It appears that they have not yet been sack.

This would be laughable, if the outcome wasn't so serious.

The Chairman of the Friends of the Manx Diabetic has spoken with Julie, Mrs Cannell and Mr Houghton and pledged the Group's support for their endeavours.

Give Julie a ring now.

We cannot allow Minister Anderson and his civil servants to trample all over the Manx people.

It is time for the Minister to be voted out at the September elections.

**So do your duty at the
Ballot Box
Don't Vote for Him.**

The Patient Refused Autopsy

Note at end of a patients bed in hospital

Note for our Civil Servants advising the Minister.

Just a reminder because we haven't forgotten, and because Minister Anderson said at the Breast Cancer meeting at the Legion Hall, that he took no decision without his advisors.

A National Diabetic Audit in the UK looked at diabetic care in 93% of Acute Hospitals in England in a single day in November 2010.

The Diabetic would like to inform all those Civil Servants that advise the Minister and are not diabetic, of what diabetes really does to the patient and to their Health Department's budget.

In the UK there are 2.3 million diabetics, with an estimated 1 million others undiagnosed and the incidence rises every year.

Here we have some 3,800 and rising on a weekly basis, with a similar number undiagnosed.

Treatment can be complicated and requires a lot of support in particular in time of illness.

Sending them back to GP care to artificially bring down the waiting lists is not the answer. It is a disgrace, and an indictment of the Health Department, its Minister, and according to him his advisors because he is not responsible for the decisions.

Diabetes is the commonest cause of blindness and foot ulcers.

Something that Minister Anderson and his Civil Servants have not provided under their care in the community system for Type 2 Diabetic on the Island to be returned to GP care.

Minister Anderson say they will spend in due course £250,000 to provide this, when they already have the Manx Diabetes Centre with a multi-disciplinary team that can provide all this, let alone an Ophthalmic clinic.

In fact they are taking them away from a dedicated multi-disciplinary team at the Manx Diabetes Centre with all these disciplines already in place.

Diabetes also produces nerve damage, infections, amputations, heart attacks, strokes, kidney failure, depression, serious pregnancy complications, erectile dysfunction and premature death.

Minister Anderson and his civil servants, not being diabetic, may not be aware of this, hence their hasty decision for the return of type 2 diabetics to GP care.

The Audit found that 15% of beds in hospitals on that particular day were occupied by diabetics.

Here we can't cope with what we require. So what would happen if there were 15% of our diabetics needing hospitalisation at the one time on the Isle of Man? Where would they go? Would Minister Anderson and his civil servants set up a field hospital in tents at the Home of Rest for Horses car park?

Maybe this is what the Chief Minister's forward thinking probably envisaged in due course, a field hospital on the car park site.

The median length of stay was 8 days.

Minister Anderson and his Civil Servants would not be able to cope with 570 diabetics (15% of those in the Isle of Man) needing hospitalization at the one time, for a stay of a minimum of 8 days in hospital.

The majority, 86.7% had an emergency admission.

Oh dear, this is getting worse and worse for our health services, and for Minister Anderson and his civil servants.

And now for the bad news: 37.1% of inpatients with diabetes **had experienced at least one medication management error.**

20% had **one or more medication management errors.**

There was a marked variation in **prescription errors across more than 54.3% of patients.**

Forty-four patients developed ketoacidosis (**severe uncontrolled diabetes**), and 266 severe hypoglycaemia (**low blood sugar due to over treatment**).

We must have a service that provides equal treatment for all and not different treatment at different surgeries, to ensure the same preventative care for all diabetic Patients on the Island.

The UK Health Department spends **£1 million pounds an hour** to treat diabetes in the United Kingdom.

The Health Department here has no figures because they can not work it out.

What is going to happen here if we don't provide preventative care for our Manx Diabetics, how is our Department of Health going to manage when they claim they have no money or resources?

Don't think for one minute that *The Diabetic* is advocating, that Diabetics on the Island should not go to their GP's.

They do so every month for their prescriptions and for any ailments that they might have, and GP's do an excellent job, it is just that they are not diabetologists nor have a multi-disciplinary team at their command.

But we must have a Diabetic Centre as the focal point for our Diabetes care, and the Manx diabetic patient must have a choice as to whether they desire to go to the Centre or just see their GP or see them both, this is their human right. Which Minister Anderson doe not seem to understand.

They should not be dictated to by Minister Anderson and his civil servants, who according to him, he is a lay man, and relies on his civil servants who are not diabetic, to deprive the diabetic

patients from seeing a multi-disciplinary diabetic team.

The DHSS at the time under Mrs Christian, and the Manx Government of the day accepted the St Vincent declaration.

One of its salient points was:

"To Reinforce Existing Centres of Excellence in Diabetes Care"

The above means the Department of Health have to enhance 'existing Centres of Excellence in Diabetes Care', not diminish their activities by sending patients to GP care so that they can bring down the waiting lists. What a pathetic excuse.

Our Health Department seems to have thrown overboard this salient point in the St Vincent Declaration and is blatantly ignoring it.

So *The Diabetic* suggests that Minister Anderson and his Civil Servants who are not diabetic, should take a leaf from what the St Vincent declaration stipulates and enhance the Manx Diabetes Centre so that they can embrace all diabetics.

Increase the staff and the Clinic times, that have remained the same as when they opened in 2000.

Eleven years have elapse and the Diabetics on the Island have grown out of all proportion in the 11 years since the Centre has been opened.

No wonder they have a horrendous waiting list, 18 months, to the detriment of our Manx diabetic patient.

Let us put our House in order or it shall crumble and fall around us.

***The Diabetic* calls on all diabetics in Mr Anderson's constituency, not to vote for him at the September elections.**

Note on hospital chart
**Patient has left white cells at
another Hospital**

Presentation to the Podiatrist Department



The Presentation at Westmoreland Road
 l-r Paul Rowley, Lisa Comiskey, Sheena Mair, Natasha Cowell, Henry Ramage – of FoMD, Julie Maddrell, Amy Metcalfe, Julia Devlin and Brenda Williams of FoMD

On Thursday 26th May the Friends of the Manx Diabetic presented the Podiatrist Department with an information pack for New Diabetic Patients.

The printing of these packs cost the Group £1,500 and will be given out by the Podiatrists to new diabetic patients.

The pack contains, information amongst other items, Leg Exercises for Diabetics: First Aid for feet: Holiday foot care; Foot care advice: The good shoe guide etc.

It is hoped that this pack will help diabetics with the care of their feet.

We would take this opportunity to remind you all that there is a High Risk Drop in Clinic every Monday (except bank holidays) from 1.20 pm – 2.20 pm, at the Manx Diabetes Centre at Noble's Hospital.

If you have a problem use this clinic.

Don't forget to bring your list of medication with you.

Their Telephone number is 642652 or 642656

The Friends of the Manx Diabetic are very happy to be able to help the Podiatrist Department, and look forward to their next venture together.

The Prosthetic and Orthotic Services.

As you are all aware, the Friends of the Manx Diabetic have been fighting to get

the Prosthetic and Orthotic Services to be Island Based and not coming over every two weeks.

We started our arguments many moons ago when Mrs Christian was Minister for the then DHSS.

At a meeting at Markwell House on 14th April 2008 with Mr Killip the DHSS CEO and Mrs Barbara Scott the Hospital Manager representing the DHSS and on our side Mr John Houghton MHK, Mr Terry Marston a member of the Group and the Chairman of the Friends of the Manx Diabetic.

The representatives of the DHSS were given chapter and verse of how to go about it, including addresses of suppliers, of all types of equipment required, and papers to that effect were laid on the table.

On our part we felt that providing the Service locally would be cheaper for the DHSS, as any imported service would have an element of profit built in, that the local service would not.

All expenses incurred by the supplier for the provision of the service, like pensions, flight to the Island, wages, hotels stay etc. etc, would have been included in the service fee proposals as the Service provider would not work at a loss.

By having a local service the patients would derive the benefit of having a constant presence on the Island and an on call facility.

During the meeting Mr Killip expressed his concern that the visiting service had the know how to provide the required material for providing the Service.

This was shot down with facts and figures, not to mention addresses of where all material could be accessed and purchased from by the DHSS.

It was proved at the meeting that it would be cheaper on the long run to have a local service, as the providers of any service in question, we must reiterate, have perforce to have inbuilt profits, as they do not work for fun.

Mrs Scott did agree that the prosthesis and Orthotic clinics had grown out of all proportion because of the number of patients now making use of the Service

At the time the Chairman brought in the help of Mr Tony Brown then the speaker of the House but also the Chairman of the Chronically Sick and Disabled Persons Committee, who after a lot of visits, nothing happened, he relinquished his post and became Chief Minister. Still nothing happened.

We then tackled the matter through Mr Braidwood when he took over as Chairman of the Chronically Sick and Disabled Persons Committee from Mr Brown.

Again many visits and nothing has happened.

Now it has come to *The Diabetic's* notice that the providers of the Prosthetic and Orthotic Services have come to the end of their contract with the Health Department.

At present they appear to be working out of contract.

The Chairman of the Friends of the Manx Diabetic has approached Minister Anderson on the above on 13th May 2011.

In his e-mail the Chairman asked in addition to the above, "Mr Anderson if as I am informed, the suppliers of the Prosthetic and Orthotic Services have come to the end of their contract, I would respectfully suggest that we have a time for a 'moratorium' and that the Friends of the Manx Diabetic's proposals and expenses paper as presented to the DHSS at the meeting of the 14th April 2008 be resurrected, brought up to date and considered in the interest of our disabled patients".

As the Department of Health, we understand, has as yet not renewed or appointed someone else, this is a time for reflection and for proper action.

We are now in a time of austerity, as the Chief Minister is prone to say, it is in all our interest to have a local based service so that they are available every working day of the week and not once

every two weeks, and it would be cheaper to run.

Apart from the Prosthetist, Orthotist, and Technician, the rest of the staff are already local.

As we have pointed out we wrote with our requests and observation to Minister Anderson on 13th May 2011, yet at the time of *The Diabetic* going to press we have not even received an answer let alone an acknowledgement from Minister Anderson.

At a meeting of the Tynwald Advisory Council for Disabilities held at Corrin Court Onchan, on Monday 16th May last, the Chairman once again took the opportunity to ask Mr Braidwood, its Chairman, to once again intervene on behalf of the disabled people of the Isle of Man who use the Prosthetic services, and the Physically impaired who use the Orthotic to have this services Island Based.

The Chairman explained to Mr Braidwood what was happening and read out from his approach to Minister Anderson.

Mr Braidwood undertook once again to take the matter up, and in this respect said he would speak with Minister Anderson when he saw him in Tynwald, the next day Tuesday 17th May.

The Friends of the Manx Diabetic are awaiting the outcome of the Chairman Braidwood of the Tynwald Advisory Council for Disabilities approach to Minister Anderson.

Again at the time of going to press we have as yet not heard from Mr Braidwood as to the outcome of his discussions with Minister Anderson on Tuesday 17th May.

We just have to keep our fingers crossed and hope that Minister Anderson and his civil servants awake from their slumber and see the light of day!

**Who is so slow that they need
to speed up to stop?**

Anne Robinson the Weakest link.

Local News

Protect the most vulnerable

Manx Social Care Minister Mr Martyn Quayle after five years, has now vowed to protect the “vulnerable” in the face of department savings.

Notice how he is saying now that he will protect the ‘vulnerable’, when five years have elapsed and he has said and done nothing.

He even voted against the people on the rescinding of the Reciprocal Health Agreement at the October Tynwald in 2009.

Mr Quayle voted to abandon you.

Maybe it is because the elections are round the corner, and he has just realised that he has to appear to do something to get his constituents to vote him back in again.

On the other hand 5 years have elapsed since the Government passed the Disability Act in 2006 and they have done nothing about its implementation, and we now await Mr Quayle’s costing report.

Where was Minister Quayle protecting the disabled, the “Vulnerable” in 2006?

So how about it Minister Quayle, less waffle and more action, we want this Disability Act 2006 implemented prior to the September Election.

Are you going to protect the “vulnerable” or not, or is this just an election ploy?

Minister, the Disabled are also the “Vulnerable”.

Don’t vote for Minister Quayle, he also voted against you at the October Tynwald on the rescinding of the Reciprocal Health Agreement.

You have the power at the ballot box.

**Make HIM ‘Vulnerable’
see how he likes it
Do not Vote for him.**

The Leaky Buses

After the debacle of the bus timetables we have Mr Cretney the Minister, smiling and telling the BBC and everybody who cares to listen that he has leaky buses that cannot operate in the rain.

This is bringing our Island into disrepute. A laughing stock!

Surely this is a disgrace to our Island and instead of having a Minister in front of the cameras in sack cloth and ashes, we have one smiling as if it was all one big joke. Reminds us of Nero.

The joke is on the Manx People Mr Cretney.

What Mr Cretney forgot to mention was that he should be giving all bus traveller an umbrella to keep them dry on the buses. That would have rounded off the interview.

In this time of austerity it would be cheaper than repairing the buses.

This self styled “Man of the people” also voted against you at the October Tynwald in 2009 on the Rescinding of the Reciprocal Health Agreement

He reminds us of Blakey.

Man, resign, go home and watch telly, but don’t take a bus.....walk.

**Vote him out at the Ballot Box in
September**

Don’t vote for him.

The Development of the Bus Station.

Tynwald’s bloc vote voted for the development of the Bus station in Douglas.

They even gave the prospective developers a 999 year lease.

Do you realise that if William the Conqueror had been given a 999 year lease on England after the Battle of Hastings in 1066 it would still be running today?

That is how long a 999 years lease is.

Well done, I believe that our Government at long last got themselves into the Guinness book of records.

Now we have Mr Malarley who incidentally said at the October Tynwald in 2009 on the debate on the reciprocal Health Agreement, that, and we are quoting from Hansard, **“We are aware that certain people are going to be hit very hard”....and then voted against you, to hit you very hard.**

Mr Malarkey now feels that a different type of development is needed on this prime site.

But he voted for the one that is being proposed and pursued and the 999 year lease.

It appears that he does not remember what he votes for, because the same thing happened with the Home of Rest for Horses car park.

He wanted to know in the House who had voted all this money for the car park, and was told that it was Tynwald and that he had voted for it himself as a bloc voter.

|Another one that should be staying at home watching telly.

Use your vote at the Ballot Box and don't vote for him

Complaints Against Government Departments.

The Health and Social Care Departments in answer to a question for written reply from Mr Peter Karran the Liberal Vannin Leader, who wanted to know how many complaints were made against each of the departments under the new Government structure, presents a confusing answer.

Mr Karran also wanted to know how many were disability related and how many were upheld.

It appears that the Health and Social Care received 117 complaints in the last five years. The highest number recorded during the period. That must be why the Minister wants to tighten up on the "vulnerable".

The Department of Education and Children received 42 complaints. But now that the elections are round the corner Mr Teare is listening to the people, so he says, but we have proof that he is not. Before he was putting up resolutions in Tynwald to abandon the people, and get the Government bloc voters to pass them against you.

The Treasury were on 27 complaints, Home affairs with 23, Infrastructure and Economic Development with 5 each, Food and Agriculture with two.

They do not know as they have no overall figures available as to whether the complaints were disability related or not, although they claim that DEC records show one of theirs was.

So we are as in the dark as they themselves all are.

Incidentally they maintain that the DEC is also the only department to confirm that a complaint against it was upheld.

They appear not to have any information on whether any of the complaints resulted in disciplinary action or dismissal of staff.

So there you are, because we can count we know that in total there were 221 complaints against Government Departments.

Out of which one complaint was upheld.

What happened to the other 220? They must have been just in the imagination of the people that complained.

However we are told they don't know what happened to the people that complained

It appears that there was one disabled related complaint, but out of the 221 complaints nobody was disciplined.

The moral of the Story, if we did away will all the people dealing with these complaints that get us nowhere, we would have more money available for frontline services, as there appears to be no action taken, but as usual we probably need a lot of people to process the prevarications of the Government and the no action systems, to this none events.

Incidentally it appear that Mr Cretney's department over this period had no complaints at all, fancy that.

However the Chairman did complain to Mr Cretney personally so how come there were no complaints, there must have been at least one, the Chairman's

So much for giving 'freedom to flourish'

Where is the 'freedoms' and where are we 'flourishing' to, or is it flushing to, with a bloc vote.

Vote the Block Voters out

there are 16 of them.

The Disability Discrimination Act 2006.

The Diabetic wonders how Minister Quayle is getting on with the costing for the implementation of the Disability Discrimination Act. Remember this was passed in 2006 but as yet not implemented



He and his block voters have had since 2006 to bring it in, but there were no elections then.

Maybe he was too busy trying to look after the 'Vulnerable' and he had forgotten that the disabled people of the Isle of Man are the most 'vulnerable'.

Or maybe it is that he has just realised that the elections are round the corner?

Keep him out and let him become 'vulnerable' like the rest of us.

Then we shall get the Disability Discrimination Act passed.

Another debacle from Mr Cretney, but as usual it is not his fault.

It transpires that the department under this 'Man of the people's' direct control has fired five of his employees,

The five workers are based on the Manx Electric Railways and the Isle of Man Steam Railway, who unlike Mr Cretney are people who are experts in their field.

By firing these five people it appears that the Brown Government will have resolved their financial difficulties.

First the debacle of the Buses and now the debacle of the Railways.

What is Mr Cretney doing?

He says he is the 'Man of the people'.

How come the 'Man of the people' is firing his own people?

How can he be acting on behalf of the people.....firing them.

Mr Cretney's excuse.....he claims he was only informed of the views of the five workers when he met them on the Thursday evening.

Once again he proclaims loudly:

"I find it hard to see how I can be accused of sanctioning something that I was not aware of until after it happens"

My Oh My, have you forgotten who is in charge of this department Mr Cretney?

The sooner someone tells him that everything the department does is his responsibility the better.

Maybe we could have a plane flying over the Prom with a banner telling him it is his responsibility.

But the truth of the matter is that like other departments his department is civil service led, and by his statement he admits he has no say in the matter, nobody tells him anything, consequently no control.

So if he himself claims he is not informed (nobody tells him) then they must not tell him everything that is happening.

What a way to run a department.

Grow up and stop hanging onto the coat-tails of incompetence or sitting in trains for hours on end.

Grip reality, do not fire people.

Even the Union Unite has taken a full page advert in the local press on Mr Cretney asking the people to use their vote wisely

"WISELY" MEANS

Just do not vote for him again.

No cap on election spending.

Have you noticed what happens when it comes to the vote that directly affects the bloc voting Members of the House of Keys. As it directly affected the MHK's, the block voters threw the Chief Minister's proposal for a cap on election spending out.

However when it affects the people of the Isle of Man, like the Reciprocal

Health Agreement vote, and it is not near an election, the bloc voters voted against the people and to abandon them. Darwin's Theory of Evolution at its most effective, survival of the fittest, human nature isn't it?

Its Me, Me Me.

Oh well its time to get the bloc voters out at the ballot box , cap or no

Andy cap.

Quote of the quarter

“He had done his homework and he knew more about the Isle of Man than I did”.

(doesn't say much about our Ministers does it?)

Mr Bell on Manx Radio

Access to Work.

In the United Kingdom because they have a Disability and Equality Act 2010 in operation they are able to look after their people that are physically impaired and are 'vulnerable'.

They also have as part of this what they term Access to Work, which is practical help at work for disabled people.

Now Access to Work can help the physically impaired if their health or disability affects the way they do their job.

It gives them and their employer advice and support with extra costs which may arise because of their Physically impaired needs.

The system of Access at Work which is in place in the United Kingdom, might pay towards a support worker or the equipment the disabled person may need at work.

It can also pay towards the cost of getting to work if the Physically impaired person cannot use public transport. (Thank God for that as Mr Cretney's buses leak so they wouldn't use them here anyway).

Access to work, will also help the Physically impaired with a communicator at Job interviews, then Access to Work

may be able to pay the communicator costs.

In the United Kingdom you can get Access to Work if you're: in a paid job, unemployed and about to start a job. unemployed and about to start a Work Trial, or if you are self-employed, and your Physical impairment stops you from being able to do parts of your job.

Your Physical impairment or health condition may not have a big effect on what you do each day, but may have long term effect on how you can do your job.

In the United Kingdom once you have applied for Access to Work, and once your advisor has decided on the package of support they feel is appropriate, you and your employer will be notified of the approved level of support and the grant available.

This amount of help can pay up to 100% of the approved costs.

So where do we stand on the Isle of Man?

In the last months we have voted through Tynwald by the bloc vote something well over £111 million pounds for projects around the Island, and on the May Tynwald they bloc voted an extra £6,842,833 (Included above).

But the Bloc Voters have no money to spend on our front line services and the implementation of the Disability Discrimination Act which was passed in 2006.

Do we really want all these Bloc Voters returned to the Keys and Tynwald to continue to ignore the wishes of their constituents and the people of the Isle of Man?

NO,

so use the Ballot Box, that is what it is there for.

Do not Vote for the bloc voters.

Vote them out in September.

The UK Disability and the Equality Act 2010.

Whilst our Government has been mucking about with the Disability Act 2006, the British Government has passed

the UK Disability and the Equality Act 2010.

So what is this?

From 1st October 2010, the UK Disability and Equality Act replaced most of the Disability Discrimination Act (DDA).

So we are once again running behind.

However, the Disability Equality Duty in the DDA continues to apply.

The Equality Act 2010 aims to protect physically impaired people, Mr Quasyle's 'vulnerable'.....remember, and prevent disability discrimination.

It provides legal rights for physically impaired people, the 'vulnerable' in the areas of: Employment, Education, Access to goods, services and facilities including larger private clubs and land based transport services, buying and renting land or property. Functions of public bodies, for example the issuing of licences.

The Equality Act also provides rights for people not to be directly discriminated against or harassed, because they have an association with a disabled person.

This can apply to a carer or a parent of a disabled person.

In addition people cannot be discriminated against or harassed because they are wrongly perceived to be disabled.

In the Act, a person has a disability if: They have a physical or mental impairment. The impairment has a substantial and long-term adverse effect on their ability to perform normal day-to-day activities.

People who have had a disability in the past that meet this definition are also protected by the Act.

There are additional provisions relating to people with progressive conditions.

People with HIV, Cancer or Multiple Sclerosis are protected by the Act from the point of diagnosis.

People with some visual impairments are automatically deemed to be disabled.

The Act also affects your rights to different areas of life, including accessing

and using services of shops, cafes and banks.

The question that we must direct to the Chief Minister and his block votes of the Government is?

Where is our Disability Discrimination and Equalities Act?

What has the Chief Minister with his block voters been doing for the Manx Disabled over the past five years?..... nothing, they appear not to be interested in the plight of their disabled people, the disabled people of the Isle of Man are disenfranchised.

They have once again abandoned the people of the Isle of Man.

Why, because we do not have a Compassionate Government to look after all the people of the Isle of Man.

If the Government has a problem with writing it, The Chairman of the Friends of the Manx Diabetic is prepared to do it for him for free.

They say that there are some 10,000 people on the Isle of Man who are Physically Impaired, that is 1 in 8 of our citizens

Well September is the time, we have to use our vote.

10,000 votes spread amongst all out constituencies go a long way to get all the Bloc Voters that abandon you out, and are only there to climb the greasy pole and bloc vote for the Chief Minister.

If you vote them in again they are going to do the same thing to you again.

The Ballot Box is calling to us all, let us use our vote properly, so that we are not disappointed again.

**Let us through the Ballot Box
give them a taste of their own
medicine**

**let them for once be the
'vulnerable'**

**Don't vote for any of the block
voters.**

**The problem with Political Jokes
is they get elected.**

St John Ambulance Care campaign



The difference.

The St John Ambulance are running a campaign called;

“Do you know a carer that needs a little help?”

If so, they say the St John Ambulance have launched a “Free Carers Support”

The St John ambulance Carers Support was developed in response to insufficient assistance for those who, for no personal gain, look after a friend, relative or neighbour who needs extra care due to sickness, age or disability.

St John Ambulance claim that the initiative of the mission of the carers support is;

To promote and improve the health and wellbeing of carers and provide practical training, support and guidance free of charge to assist them in the care they give.

St John Ambulance point out Carers often go unnoticed by the rest of us, they don't apply for the job of carer, are an invisible but an extremely valuable “workforce” in our community.

In order to promote the project they hosted a “drop in and find out more” morning on 21st April last at their headquarters on Glencrutcherry Road. (Behind the Gymnastics Centre of Excellence).

Also St John Ambulance are holding at their premises free Carer Support Sessions.

There has already been two last month which were the ‘Carer’s role’ and ‘First aid/Falls Prevention’.

However there will be another two, one on 1st June on ‘Continence/Safe handling’ and the other on 15th June dealing with ‘Stress management/memory loss and dementia’.

If you want to book a place, find out more or assist them in any way with this

new wonderful and helpful project please contact;

Myrtle Dubost

Carers Support Nurse lead

St John Ambulance Glencrutcherry Road

Douglas

Or on

Telephone: - 674387

Mobile: - 412284

E-mail: - myrtle.dubost@sja.org.im

Help them to help carers.

**Do you care for someone at home?
Do you feel isolated or under pressure?
Would you like more skills and knowledge?
Or do you know someone who does?
If your answer is yes
to just one of the above.
Ring Myrtle Dubost at St John
Ambulance on tel 674387.**

New Chairman for Castletown Commissioners.



Mr Jerry Ludford-Brooks.

The Diabetic would like to congratulate the New Chairman for Castletown Commissioners Mr Jerry Ludford-Brooks, wish him well in his elevation to the post, and a successful tenure of office for the coming year.

We take pride in the fact that Jerry is the Deputy Chairman and Treasurer of the Friends of the Manx Diabetic.

We are all delighted with his appointment.



Presentation by the RAOB club of Ramsey



Mr Jerry Ludford-Brooks and
Mr John Fletcher

The R A O B club of Ramsey made a presentation of £100 to the Treasurer of the Friends of the Manx Diabetic Mr Jerry Ludford-Brooks.

This was the proceeds of the Club having run a pool tournament with all proceeds going to the winner's named charity

We are very grateful for them thinking of the Friends of the Manx Diabetic and we can assure them that the money kindly donated will be used exclusively on the Island.

News in Brief

The 10p pill that could save lives.

A 10p pill that could be a breakthrough, to Breast Cancer is being hailed by researchers at the University of Manchester.

It is shown that it cuts off high energy food that fuels aggressive cancer.

Metformin is already being taken by many of the two million diabetics linked to obesity and has few side effects.

New studies now suggest that Metformin fights cancer.

With diabetics taking Metformin they are up to 75% less likely to develop a range of tumours.

They have also developed a test that picks out cancers that feed in this way therefore allowing Metformin to be targeted.

Beat Diabetes with Vinigar Tablets

A trial at Maastricht University in Holland of 16 men with the condition will investigate the effect of taking a 1g concentrated vinegar tablet at meal times for six months.

The researchers will then access the effect on glucose levels

It is believed that the vinegar slows the digestion of carbohydrates in the stomach and digestive tract.

We shall have to wait and see.

Mulberry leaves to treat diabetes.

A team at the University of Mississippi are carrying out clinical trials on 30 patients.

Half will be given Mulberry leaf tablets while half will be given a placebo.

Glucose will be monitored first thing in the morning and then two hours after dinner.

Again we have to await the outcome of these trials.

Does your wrist size matter?

Scientists have found a strong correlation between wrist circumference and a major risk factor in 477 overweight and obese children with an average age of ten.

The link with insulin resistance was related to the size of the wrist bone, rather than the amount of fatty tissue surrounding it.

Dr Rafaela Buzzetti from Sapienza University in Rome feels that wrist circumference, if their work is confirmed by future studies, could some day be used to predict insulin resistance and cardiovascular disease risk.

Your digestive track.

We just thought that you might like to know that your Digestive track hosts up to 100 trillion bacteria, and up to 1,000 different species of bacteria.

This according to experts who have spent a life time counting the 100 trillion jostling for position in your stomach.

There is absolutely no truth in the rumour that they lost count when they had reached 99 trillion and one and had to start counting all over again.

Taxi Associations who have Wheelchair Accessible Vehicles

On request following discussions with Mr David Callister MLC, the Road Transport Licensing Committee has very kindly supplied *The Diabetic* with a list of Taxi Associations that have wheelchair accessible vehicles.

We are please to print them here for you, so that if you are disabled or physically impaired and need a Taxi you know who can help you and who to ring.

The Friends of the Manx Diabetic made representations to the Road Licensing Committee a couple of years ago and we are glad that some of our recommendations have been taken on board.

Name:-	Telephone No: -
Buntys Taxis	835433
Ms V Fairhurst	461958
RTS	481576
Telecabs	629191.....670266
Terry's Taxis	842224
T.F.T	611511
Ballacabs South Ltd	498171
Protours (IOM) Ltd	674301
81 Taxi	819191
Paul Cromwell	488188
Mark Cowley	418110
	Fax 626058
Trimble Taxis	495282
Taxicabs	622222
A1 Taxis	623623
Mr P T Bell	623623
Adaptable Travel	496000
Mr D Mazzotta	469646

Please note that all the above Taxi Operators can provide a pre-booked 'Private Hire' service, and have facilities for disabled hire.

Also you must understand that some of the Taxi Operator can only work on certain areas and the telephone number should give you a clue.

If however it is a mobile, then when you ring they will be able to tell you whether they can do the service for you or not.

You must also take into account that the carriage of a wheelchair is likely to be charged as an 'extra' on the taxi-meter, i.e. 50p per journey. We would like to thank Mr David Callister MLC and the Road Transport Licencing Committee for their help in publishing the above so that our disabled and physically impaired members are aware of which Taxi Operators can help them.

The Last Laugh

Three contractors are bidding to fix a broken wall at Downing Street. They go with an office official to examine the wall.

The first contractor takes out a tape measure and does some measuring, then works out some figures with a pad and pencil. "Well" he says "I figure the job will run to about £900: £400 for materials, £400 for my crew and £100 pounds profit for me".

The second contractor also does some measuring and figuring, and then says,

"I can do this job for £700: £300 for materials, £300 for my crew and £100 profit for me".

The third Contractor doesn't measure or figure anything out, but leans over to the Official and whispers "I can do it for £2.700"

The incredulous official is taken aback and say "you didn't even measure the wall like the others, how did you come to such a figure?"

The third contractor whispers back, "£1,000 for me, £1,000 for you, and we hire the second contractor for £700 to fix the wall."



Department of Health Notice amongst some trees

The Elections are getting closer

Here is an important reminder to all diabetics Island wide, and to all our members and readers of what you have to do, prior and during the next election.

The Elections are getting closer and it is time that we regrouped and reminded ourselves of the 16 MHK's who are the bloc voters and continue to vote against you, and who voted against you at the October 2009 Tynwald.

It is payback time and we should not vote for any of those 16 MHK's who voted against you.

Mr Teare then Minister for Health motion was;

'That as from April 1st 2010 the payment of any NHS charges incurred by Manx residents visiting the UK is an individual responsibility'

The above is what the 16 MHK's all voted for.

In other words, we wash our hands of you all, the people are all on their own, you pay for your health problems in the UK or if you can't, then get insurance, if you can get insurance, if not, then become a prisoner on the Isle of Man for life.

The Diabetic must remind you once again that if you want to vote at the next election you must be registered to vote.

Check and make sure that you are registered on the voting list.

It is no good saying I don't want them back in again, because they have done nothing for the people, and this is the worst Government we have ever had.

To get out The Chief Minister, Ministers and Members of Departments that use their bloc vote to vote against you in the October 2009 Tynwald, and other Government votes you must exercise your right to vote.

Vote for anyone you fancy on the ballot paper but do not vote for any of the 16 that voted against you.

However if you are not registered you will have no vote. Then there will be no point in blaming others.

We must all have a vote, and exercise our vote to make sure that we do not elect those that voted against us, and abandoned us at the October 2009 Tynwald back in again by default.

So please check that you are on the voting register.

There are people dying in this world for want of a vote so make sure that your vote counts.

Whatever they tell you take it with a pinch of salt.

Already the Government has been defeated with a twelve/twelve vote with the Speaker having to give a casting vote, and again a 10/10 vote on the election of a Chief Minister.

This The Chairman told Manx Radio months ago was going to happen nearer the date of the elections, The Chairman knows how to read politics, but Manx Radio didn't believe him

It is the beginning of the end for the Government with the bloc vote disintegrating, because they want to be re-elected.

This means that as the election nears they will continue to defeat the Government to ingratiate themselves with you the people.

Pay no attention to this ploy.

They keep intervening in constant supplementary questions to let the people think they are still alive.

They are even saying in their Manifesto and websites, that they worked very hard to get you the Reciprocal Health Agreement when they all did nothing. See what the British Government says about them.

Pay no attention to them, they are only playing to the gallery so that you vote them in again and they are re-elected and go back to what they were doing before, voting against you.

Well, it is time to give them the heave ho.

Don't be put off by them saying 'If you get rid of us you are going to get

inexperienced people' or by telling us not to rock the boat.

All they want is at all costs to get back in again.

Well they were inexperienced when they first got in. But now they are supposed to be experienced, look at the mess they have got us into, so it can't be any worse, but with new people it could get better.

In our September issue we shall tell you who all these bloc voters are, what they said to abandon you and why you should not vote for the 16 bloc voters at the September elections.

So just a remember of what the British Government thinks about our Government and what they said about our Government.

Lord Back in the UK Said:

**The Isle of Man
Government accepted,
that the agreement had
ended and accepted it
in good grace"**

In other words they rolled over to have
their tummy tickled.
No a peep out of them

Whist the British Government said
about the Brown Government:

**"The Isle of Man
Government appeared
to accept the scrapping
of the Reciprocal
Health Agreement"**

Whatever they tell you, this is the real
truth of the position of the Brown
Government, its Ministers and its
Department Members.

**They Gave up the
Ghost and threw in the
towel.**

**What an indictment on our
Government and the bloc
voters?**

**Lets us have proper
Government for the People
and by the People
And only you can do that at
the ballot box.**

**There are people on our
television screens dying
every day
for want of a vote,
you have one,
USE IT
and let us get the
Government that all the
Isle of Man
people deserve and as of
right are entitled to.**

**We cannot accept a
continuation of the
present system that
votes against the
people.**

**As Unite says use your
vote wisely**

